

Central Oregon Intergroup Meeting Minutes for June 28th 2026 4:00-5:30PM

TEC, downstairs 469 NW Wall St, Bend, OR 97703

4:00 Chairperson opened the meeting

Tradition of the Month Presentation – TBD 3 – 4 minutes

- **Secretary's Min:**

https://docs.google.com/document/d/1K0g28q9flr3qNxJV8ViCeGJH4Ce_7PnVU2GYfAlGTzl/e_dit?usp=sharing

- **Treasurer Report:**

https://drive.google.com/file/d/1C_gheklS0AG6krvyoZtCrse8U6tmjbhJ/view?usp=sharing

- **Chair report:** Greetings only - Stephanie M

- **Vice Chair:** Cody D.

I am Cody and I am an alcoholic. I was derelict in my duties this month and missed the district business meeting. I reached out to the DCM to get the meeting minutes, but she reminded me that the D5 secretary stepped down, so there were no minutes produced or distributed. Therefore, my report is that district is on great need of a trusted servant to step into that position. Please announce this to your groups. Gratefully yours in service, Cody D.

Committee Reports:

- **Carrie - Hotline Committee** - Good afternoon COIG. My name is Carrie And Im a recovered alcoholic. My home group is the Three Legacies Group. I'm currently serving as Hotline Chair. I just got back into Bend after spending the weekend at the Pacific Northwest Conference. It was great to talk to other Hot line Committee Chairs serving in Oregon, Idaho and Washington. I was able to glean a lot of experience from other Hotline Committees and PI Chairs. One district in Idaho will be adopting our COIG Hotline guidelines for their own. So there was plenty of

Experience, Strength and Hope in service shared over the weekend.

The COIG Hotline Committee met this month on the 2nd Monday and we had a great meeting. The committee meetings continue to be well attended by Reps from the groups around Central Oregon. If your Home Group has not yet elected a Hotline Chair, please take a service position description with you tonight, back to your group and see if they would like to take part in the Central Oregon Hotline.

If you elect a rep, please have them contact myself or Jon from Fleeting Thoughts or just attend next month's committee meeting on the **2nd Monday Of the Month at 5pm** in the COIG Committee Zoom Room. *ID: 961 1009 6966 PC: 061935*

Other things you can do to help the Hotline Committee is to help get volunteers from your group who are ready to go on 12 Step Calls for our 12 Step Call list. Please take a volunteer sign up sheet back to your home group and when you get someone to sign up send me a picture of your sheet where they signed up so that I can get them added asap. **COIG Qualified 12 Step Call List** These

volunteers are not taking a hotline shift, but are making themselves available for 12 step work if a 12 step call is needed. What is a 12 Step Call?

- *"A.A. is more than a set of principles; it is a society of recovered alcoholics in action."* - A.A. Comes Of Age A 12-Step call is when A.A. members talk to another alcoholic about their drinking. A 12-Step call is an important part of the recovery process for many. Generally, an individual or group sits or speaks with somebody suffering from alcoholism in order to help them find recovery. Much like the 12-Step call Bill W. made to Dr. Bob on Mothers Day 1935. This could also be anything from taking someone a Big Book and a newcomer packet, taking someone to a meeting or even taking someone to the hospital for detox. Sometimes it is as simple as a phone call and inviting someone to meet you at your Home Group. Here discernment, discretion and experience are necessary in this type of 12-Step work. "Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs," This is the Step in which sober alcoholics begin helping others who have a problem with alcohol. It is recommended never to go on a Twelve Step Call alone. Always bring at least one other sober member of A.A. with you. [Click here to access COIG Hotline Committee Drive and Files](#) Thank you for allowing me to serve as your Hotline Chair. Carrie B. Three Legacies Grp. 541-788-7276

- **Trisha - Schedule Committee** - Hi everyone, My name is Trisha and I am your Schedule Chair. There have been quite a few changes this month. These won't be in the current printed schedule but they are all up to date in the Printable schedule online as well as COIGAA meeting list and the blue circle and chair meeting app. The Kickstart Topic Discussion mtg On Saturday's at 10:00 am in La Pine has moved to 15746 Burgess Rd from The Crosspoint pentecostal church. WFS has moved downstairs at the same location at The First Presbyterian Church in Bend. The Solo Por Hoy daily PM meetings have changed times from 7:00 pm to 8:00 pm and the Sunday AM time has changed to 9:00 am, all at the current location. There is a new young people's meeting in Bend called, Young and Sober Speaker/Discussion open mtg. It meets on Saturday's at 6:30pm at 1841 NE Lytle Ave. As the current printed schedules get distributed, please remember to toss the March 2026

printing. If you need schedules please call or text me at 503-505-0565 or email me at Schedules@coigaa.org. Thank you for allowing me to be of service, Trisha Schedule chair

- **Barry - IT Committee** - All is well. The committee continues to search for a webmaster with experience in WordPress and the Divi theme. Please announce at your meetings. Contact Barry J it@coigaa.org

- **Open - Newsletter Committee**

- **Chad L. - Potluck Committee** - Hello, my name is Chad and I am alcoholic. After a 5-month hiatus, the June potluck was held yesterday at the Westside Church. The event was hosted by the Sunday Morning Serentiy meeting, and it was awesome. Despite being scheduled the same weekend as the Entertainment Committee's Ochoco Campout, the potluck was well attended, with well over 100 people, the food was plentiful and diverse, and the speakers were excellent. Nicole graciously agreed last minute (literally, 10 minutes beforehand) to speak as an ALANON, and Chris O was the main AA speaker. Heidi was also given 3 minutes to provide information about ALATEEN. At the July potluck, the opening speaker will be from ALATEEN, and I am hoping that we will be able to rotate between ALANON and ALATEEN speakers monthly. I would like to thank everyone who attended and give an extra kudos to everyone who jumped in to help set-up, break-down, and provide a hand throughout the event. The outpouring of volunteers who contacted me directly this month was overwhelming and inspiring; it was one of the fastest clean-ups I've participated in over the last 2+ years. The committee is currently hoping to fill the rest of the year's potluck slots with home groups willing to host; July-October are all available; November and December will be Alcathon events. At your next business meeting, please ask if your home group is willing to be of service for these events. I would like to get these months filled ASAP so I can coordinate with your group, attend your business meeting, and to answer questions you may have. This will also help in getting fliers prepared so they will be available to the Intergroup and IGRs well in advance (as in the month beforehand). We hold our committee meeting the second Wednesday of every month in-person, at Market of Choice, though I am also exploring a hybrid model that would allow those unable to attend in-person to utilize the Zoom platform. I am excited that potlucks are back on the menu, as it serves as an opportunity for various home groups to gather together, and provides a place for the newcomer to experience our fellowship. Thank you for allowing me to be of service.

- **Misti - Entertainment Committee**- No written report but Leon reported that Ochoco Campout was self supporting and booked for next year.

Elections for Open Positions: NA

IGR District and Alanon Reports-

Intergroup Report for The Tumalo Group.

The Tumalo Group is comprised of two meetings. One meeting is on Monday night at the Unity Church, caddy corner across from the new Costco gas station. It is a book study that meets on Monday night at six p.m. The other meeting is a speaker meeting on Friday night at seven p.m. We meet at the Pleasant Ridge Community Hall on the Old Bend Redmond highway. Both meetings are thriving. We are getting new people at both meetings and are very excited about continuing to share the message with the new comers. Since moving away from the Tumalo Church, we decided to contribute until we had enough money in reserve for emergencies. We have reached that threshold, and are now starting to contribute again.

I read the letter from the Step Sisters. Reading the letter was enlightening. I would like to formally apologize to everyone at Stepsisters and inner group, for being a part of the problem. I was the one that made phallic comments. I did share at Tumalo's business meeting, with my group, the fact that I had made falic comments during an intergroup meeting. I offered to step down if our group voted that that was a good idea. I have not as yet been asked to step down. I would like to make the same offer to the intergroup. If you all vote and decide that it would be a good idea for me to step down, I am happy to do so. I promise if given the chance to continue my position with the inner group, I will never make another phallic comment. I will make my amends in person to the stepsisters. I apologize for not being there to read this myself. I feel it was necessary to write this letter, so that it could be addressed with today's agenda. Thank you for your time. Joe H.

June 2026 Redmond Early Risers Group Report for Intergroup

My Name is Donna P and I am an Alcoholic. My Home group is Redmond Early Risers. Our group meets Monday through Friday from 7:00am to 8:00am at Zion Lutheran Church, 1113 SW Black Butte Blvd., Redmond, Oregon. Our business meetings are the first Tuesday of each month from approximately 8:10am to 8:50am.

1. There were no changes or adjustments to our contribution percentages for financial distributions.
2. We have not implemented any new service positions or updated our bylaws.
3. Our meeting days, times and locations remain the same, as shown above.
4. We have not made any major decisions or changes at our most recent business meeting.
5. We don't have any special events to report.
6. There are no safety issues or problems to report.

In Service, Donna P IGR Redmond Early Risers 818-515-0743 Rpaull6633@aol.com

IGR report for the Powell Butte Group

My name is Trisha and I am an alcoholic and the IGR for my home grp. We are a well attended

with newcomers, oldtimers and everyone in between. We have been a group for a little over a year and are now fully funded in our prudent reserve and made our first contributions to District 5 and Area 58. Please come visit us on Sunday nights at 6:00pm at the Powell Butte Christian church at 13720 SW Highway 126 in Powell Butte
In service, Trisha M

Sunday Morning Serenity COIGAA Report-June 2026 Chad L-IGR

Hello, my name is Chad and I am an alcoholic. I am also serving as the newly elected IGR for the Sunday Morning Serenity meeting of AA held every Sunday from 10-11:15am at the Sons of Norway Lodge on Columbia just off of Galveston on the Westside of Bend. Our meeting is consistently attended by 110-130 people each week, and we welcome the weekly visit from a local treatment center as well. We encourage attendees to arrive early as parking and seating are limited. Our business meeting is held the first Sunday of each month at 11:30am, we encourage you to come. We last met on June 7 and in the spirit of rotation, elected new members to serve in all positions, though we are currently in need of a clean-up chair. All other positions have been filled, but we still encourage participation in greeting and clean-up assistance. We also voted to host the June potluck, with Chris O serving as the speaker. The potluck was a great success and we thank Chris and all homegroup members for their participation. We would like to thank Jamie for his diligent service as our longstanding IGR, and I am grateful to fill the position as your new Intergroup Representative. I as well as our

Alternate IGR Jonathan are exited to be a part of Central Oregon Intergroup and to serve AA. Thank you for allowing me to be of service.

June 2026 District 5 report to COIG Hi guys I am Jena C and I am a recovered alcoholic serving as your DCM. District 5 will be hosting an assembly May 2027 here in Central Oregon! We need your help! There are many things to do and many ways for your home group to get involved. Please talk to your GSR about how you could be helpful and getting your group involved. Lanelle D is our chair. If interested in being on the host committee please join us **July 2 6:00pm** in the D5 zoom room. Any questions please contact Lanelle or myself. District 5 is going through the Traditions and you are invited! Our next study **July 7th 6pm** in D5 zoom room all our welcome! It is a laid back, one hour study of the Traditions where you can come and learn and ask questions. We are in need of a D5 recording secretary asap! Please share with your home group! Service position descriptions are on our D5 website. This is an elected position. We still have some open Committee Chair Positions available. Archives, Access, Literature and Grapevine chair positions are all open. If anyone you know is interested send your Service Resumes to Nick, or myself. These are appointed positions. No election required. I sincerely hope you guys consider talking with your Groups to see if there is any interest. Our Committees need the groups to get involved. They have a lot of work to do. We need more groups electing and sending facilitators to go into the Treatment Facilities. Our Districts PI/CPC could use some help. Corrections

could use more people going into the prisons and jails. Has your home group elected a corrections rep yet? Committee work is how people find us! We are not a secret society. Committee work is carried out by the Groups in District 5. Ask your group if they think they are doing their part as an active group. Here is the contact info for Treatment ctf@district5aa.org for corrections correctionalfacilities@district5aa.org, for PI/CPC d5aa.pic@gmail.com. ***dcm05@aa-oregon.org Jena C 541-306-0055***

Unfinished Business: - None

New Business: The Concerns from Step Sisters were discussed briefly but it was decided it was inappropriate to discuss further or take any action without a representative from Step Sisters being present for the discussion.

At 5:05: motion to adjourn. ***Declaration Of Unity***