

## Central Oregon Intergroup Meeting Agenda for July 2024

**5:00** Vice Chair opened the meeting with Chairperson [script](#)

Tradition of the Month Presentation - District 5 DCM gave a **5 minute** Tradition Presentation  
**The Seventh Tradition:** *The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members.* (taken from original form of Tradition 7)

Why AA literature does not contain the use of the word “Donate” anywhere:

The reason we changed the name of the "Alcoholic Foundation" to the "General Service Office" when we adopted the 7th Tradition is because words like "foundation and donation" can imply a charitable organization.

The 7th Tradition, like all the rest, is a spiritual principle. One of the ways I've been taught to support the 7th Tradition is to never use the "D" word in an A.A. setting.

We don't "donate" to Alcoholics Anonymous. We "Contribute". Groups, Districts, Areas, and even A.A. as a whole, don't accept "donations" We are fully self supporting through our own "Contributions". The word "donation" implies something given for charity. My sobriety is not a charity. It's something I get to participate in. In the same way I get to *contribute* to my household bills. I don't *donate* to the electric company or my mortgage. I **DO** however "donate" to the Humane Society, Meals on Wheels, or other charitable organizations.

Questions to ask yourself that may help this distinction to make sense. Do you "donate" to your household bills where you live? Or do you contribute? Do you donate to the IRS when you do your taxes? Or are you contributing member of society?

*“In the midst of this exciting turn of affairs, the Conference agreed that the Alcoholic Foundation ought to be renamed the General Service Board of Alcoholics Anonymous, and this was done. The word “Foundation” stood for charity, paternalism and maybe big money. A.A. would have none of these; from here out we could assume full responsibility and pay our expenses ourselves.*

*As I watched all this grow, I became entirely sure that Alcoholics Anonymous was at last safe—even from me.” Bill W. P-44 Legacy Of Service*

### **Secretary’s Report:**

Good afternoon Central Oregon Intergroup. As the roster is going around, please take care to put a checkmark by your name on the left hand side letting us know that you were here for the meeting today. Also, please check to make sure your last initial is by your name, your email is correct, the name of your home group is included. On the last page of the roster there are blank line items for those who are newly elected IGRs and/or Alts. Observers use this section to sign in as well.

If you are not receiving the emails, please see me after this meeting so that I can figure out what is wrong.

Thank you to everyone who got their report in on time. It makes my job typing up the minutes much easier. Those who sent their reports to both the Chair and myself before the day of the meeting will have an opportunity to read it today. Those who have not yet got your report in, or got your report in late will not be called on to read a report, but if you would like to have a report included in the minutes, please create one as soon as this meeting is over so that it makes it into the minutes. Please include any fliers you would like me to include in your reports so that I may include them in the minutes as well.

Did everyone receive the minutes from last month? Yes

Are there any questions or Corrections regarding the minutes from last month? No

[Secretary Script COIG](#)

**Russ made a motion to Approve [June 2024 COIG Bus Mtg Minutes.docx](#) Mike So. seconded. All were in favor, none opposed. Minutes approved.**

**Attendance:** Quorum (8+) yes

**Officers:** Vice Chair - Hilary, Treasurer - Will, Secretary - Carrie

**Advisory:** Lanelle, Heidi, Helen

**Service Chairs:** Paul G. Schedule Chair, Frank W. Hotline Chair, Alan S. Potluck SpkMtg., Rachel Entertainment Chair

**IGRs and Alt IGRs:** Fred S. Tuesday night A.A., Kate S. Attitude Adjustments, Eric G. WFS, Jason M. - Fleeting Thoughts, Mike S.-Lapine Thurs Mens, Mark O.-Lapine Thurs Mens, Russ H. New Horizons Grp., Britany N.- New Horizons Grp., Douglas A.- Sunday Morning Serenity, Jamie D.- Sunday Morning Serenity, Diane R.-We are Not a Glum Lot, Karen Z. - Primary Purpose, Paul G. ABC Grp., Daryl from Steps To Sobriety, Emily S. Sisters in Sobriety, Steve W. - Men from the park, Kimberly B. - 24 & Alive, Denis J. - Madras Madmas, Sarah B. Sunday Sober Sisters, Tyler P. Rule 62 Grp., Francesco G. Thursday Night Men's Book Study, Rebekah H. - Primary Purpose Grp., Scott B. - Redmond Noon, Al S. Redmond Rebels, Carly - Breaking Chains, Mary O. - Sunrise, Jessica M. - Firing Line, Kim F. - Sisters For Serenity, Randy M. - Sisters for Serenity, Lunne G. - Womans Thursday Noon Grp. -

**Liaisons:** Nick M. D5 DCM, Christina - Alanon Liaison

**Observers:** Steve G., Fred B., Chad L., Christine B., **36 Total in attendance**

**Chair report:**

Good evening,

I am Hilary Alcoholic standing in at this July Meeting as Intergroup chair as Mike is on leave this month.

I am very happy to be able to welcome Will as our new Treasure and Tyler as our new IT chair, both of whom you will be hearing from shortly.

I would also like to welcome Christine who has been so kind to give us her help and expertise to sort out the insurance policy we are currently holding. Christine will be addressing this subject to all the IGR's today.

My sincere thanks are to my fellow Board members who have and continue to work tirelessly for Intergroup as a whole.

We will be giving our notice to the Alano Club on the 1st of August. We will move to a storage area for the short term, until more is decided by the body about whether we are going to stay in the storage, find a location to rent from for a new store, or, allow District 5 to handle the literature.

We have motions on the table for all to listen to. So, this evening will be busy, so we need to focus.

Please be mindful of your fellow IGRs and raise your hand if you would like to say something in the discussion. It is a full meeting, so respect is going to be paramount.

After the discussions and hopefully a vote today, I would like to remind everyone to start focusing on dates for a group inventory for Intergroup. This will give us an opportunity to see where we are falling short, or what we could be doing better.

Just to remind you that Alcoholics Anonymous neither endorses nor opposes any outside organizations or events. Please be vigilant for any soliciting for events not AA. We cannot endorse fliers or notices about these, such as a cruise being organized to coincide with the international Convention in Vancouver Canada 2025. Whilst it sounds lovely it has no place on an AA meeting notice board or Website.

I hope to be of service to you all today.

Thank you.

Hilary. Vice chair Intergroup

**Insurance coverage report:** Christine B.

Good afternoon. Christine B.

There has been a misunderstanding regarding the Central Oregon Intergroup insurance, what and who is covered by it. I have read the full policy and had an extensive and frank conversation with the insurance agent. It seemed important to discover the answers to our questions, to understand and be able to explain the scope and limits of the policy.

The "Named Insured" on the policy is Central Oregon Intergroup. That is who is covered by the policy. I believe the confusion is a result of the fact that the policy "follows" (covers) the Central Oregon Intergroup wherever in Oregon it goes. Insurance policies do not extend to cover others who are not the Named Insured. Ever, that I am aware of.

There are some facilities where some of our groups hold meetings that are asking for the group's insurance. The misunderstanding is that the individual, autonomous groups are not the same thing as Central Oregon Intergroup. **They are NOT covered by the Central Oregon Intergroup insurance policy.**

I believe there are some groups and facilities that do not understand this. Certain facilities have been added as Additional Insured on the Central Oregon Intergroup insurance policy for those occasions when the Central Oregon Intergroup, including its own committees,

has a meeting or event at them. **It is important for the groups to know they need to make their own arrangements to meet facility requirements regarding having insurance or not.**

I would be happy to answer any questions you may have.

Thank you for the opportunity to be of service.

*Christine B.*

- **Treasurer Report:** Will [July 2024 Treasurer Report.pdf](#)

*July 17, 2024*

*Greetings Intergroup Service Board-*

*I have attached the financial statements for June 2024. Unfortunately, whoever made the June deposits did not record the group names and amounts of 7th tradition contributions. Therefore, I could not update the spreadsheet.*

*o June 7th Tradition: \$1,724.73*

*o June Sale: \$53.00*

*o Expenses: \$771.56*

*o June 1st Cash on hand: \$4,108.54*

*o June 30th Cash on hand: \$5,114.74*

*o Less Prudent reserve: \$5,000*

*o Less: \$940.27 tax liability*

*o Leaves us (825.53) below prudent reserve for July.*

- *2nd Quarter payroll has been submitted to Cascade Accounting. Employer and Employee taxes will be remitted and our accounts with the IRS and State of Oregon will be closed.*

- *I am working with Cascade Accounting to get our 990 filed for 2023. The report is late, however the penalty will be a very low amount.*

- *Madras Oasis – Contribution envelope stated “Last contribution from Madras Oasis until further notice. Thank you – D.S. Hayes”*

*o No information was given why they will not be contributing.*

*As I compiled the financials for 2024 I kept coming back to page 64 of the B.B.*

*“A business which takes no regular inventory usually goes broke. Taking a commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or unsalable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values.”*

*I would like to take this opportunity to strongly encourage the IGR's to have rigorous discussions with*

*their homegroups to do a thorough 4th step regarding the central office. I am also happy to speak at*

*any Business Meeting and answer any questions members may have.*

*Thank you for allowing me to be of service.*

Will D.  
willcoigaa@gmail.com

Jun 30, 24

ASSETS

Current Assets

Checking/Savings

Business Savings 1759 5,000.05

Entertainment Checking 7332 399.79

Main Checking 4023 114.69

Potluck Checking 9261 259.93

Store Checking 1491 182.48

Total Checking/Savings 5,956.94

Total Current Assets 5,956.94

TOTAL ASSETS 5,956.94

LIABILITIES & EQUITY

Equity

Opening Balance Equity 6,495.50

Net Income -538.56

Total Equity 5,956.94

TOTAL LIABILITIES & EQUITY 5,956.94

4:26 PM COIG

07/17/24 Balance Sheet

Accrual Basis As of June 30, 2024

Page 1

Jan 24 Feb 24 Mar 24 Apr 24 May 24 Jun 24 TOTAL

Ordinary Income/Expense

Income

7th Tradition 4,471.80 1,280.66 2,252.70 2,593.15 4,217.12 1,724.73 16,540.16

Sales 1,308.94 2,422.82 2,502.76 3,054.34 250.65 53.00 9,592.51

Total Income 5,780.74 3,703.48 4,755.46 5,647.49 4,467.77 1,777.73 26,132.67

Expense

100 - Store Expenses

Century Link 187.93 188.93 188.93 188.93 188.03 189.09 1,131.84

Dex White Pages 73.00 73.00 73.00 73.00 73.00 73.00 438.00

Dex Yellow Pages 32.00 32.00 32.00 32.00 32.00 32.00 192.00

Quicken 30.00 30.00 30.00 30.00 30.00 0.00 150.00

Rent RAC 300.00 300.00 300.00 300.00 300.00 300.00 1,800.00

Verizon 32.13 32.13 32.13 32.11 32.11 0.00 160.61  
 Total 100 - Store Expenses 655.06 656.06 656.06 656.04 655.14 594.09 3,872.45  
 200 - Payroll Expenses  
 Cascade Accounting 0.00 150.00 0.00 0.00 0.00 0.00 150.00  
 Federal Tax (EE) 674.85 0.00 0.00 625.31 0.00 0.00 1,300.16  
 Federal Tax (ER) 674.32 0.00 0.00 650.69 25.88 0.00 1,350.89  
 Oregon Tax (EE) 151.15 0.00 0.00 137.84 0.00 0.00 288.99  
 Payroll 2,565.33 2,586.66 2,423.57 2,016.22 1,320.05 0.00 10,911.83  
 Total 200 - Payroll Expenses 4,065.65 2,736.66 2,423.57 3,430.06 1,345.93 0.00 14,001.87  
 300 - Overhead Expenses  
 Equipment Rental 0.00 0.00 24.00 0.00 0.00 0.00 24.00  
 Event Calendar 99.00 0.00 0.00 0.00 0.00 0.00 99.00  
 Filing Fees (OR SOS) 0.00 50.00 0.00 0.00 0.00 0.00 50.00  
 Liberty Mutual Insurance 0.00 0.00 0.00 500.00 0.00 0.00 500.00  
 Microsoft Office 0.00 0.00 99.99 0.00 0.00 0.00 99.99  
 Norton Antivirus 0.00 0.00 0.00 149.98 0.00 0.00 149.98  
 PO Box 0.00 0.00 91.00 0.00 0.00 0.00 91.00  
 Website (SSL Cert) 0.00 149.00 0.00 0.00 0.00 0.00 149.00  
 Total 300 - Overhead Expenses 99.00 199.00 214.99 649.98 0.00 0.00 1,162.97  
 400 - Merchandise Expenses  
 Books/AAWS/Amazon 861.71 695.55 704.20 1,155.80 1,319.52 0.00 4,736.78  
 Other 0.00 0.00 0.00 35.38 0.00 0.00 35.38  
 Recovery Accents 352.30 0.00 417.40 155.51 172.10 0.00 1,097.31  
 Recovery Mint Other/In the late 0.00 0.00 156.50 88.00 0.00 0.00 244.50  
 Total 400 - Merchandise Expens... 1,214.01 695.55 1,278.10 1,434.69 1,491.62 0.00 6,113.97  
 500 - Intergroup Expenses  
 Misc/Store expenses 0.00 40.42 54.18 43.37 18.00 70.00 225.97  
 Schedule Printing 421.20 0.00 0.00 405.00 169.37 0.00 995.57  
 TEC (rent) 190.00 0.00 200.00 0.00 200.00 0.00 590.00  
 Zoom 15.99 15.99 15.99 15.99 15.99 15.99 95.94  
 Total 500 - Intergroup Expenses 627.19 56.41 270.17 464.36 403.36 85.99 1,907.48  
 600 - Central Office  
 Office Supplies 0.00 0.00 0.00 19.99 18.08 91.48 129.55  
 Total 600 - Central Office 0.00 0.00 0.00 19.99 18.08 91.48 129.55  
 700 - Potluck  
 7th Tradition 0.00 -59.00 0.00 -81.50 -166.00 0.00 -306.50  
 Expense 0.00 0.00 0.00 104.57 0.00 0.00 104.57  
 700 - Potluck - Other 0.00 0.00 -117.00 0.00 0.00 0.00 -117.00  
 Total 700 - Potluck 0.00 -59.00 -117.00 23.07 -166.00 0.00 -318.93

4:25 PM COIG  
 07/17/24 Profit & Loss  
 Accrual Basis January through June 2024

Jan 24 Feb 24 Mar 24 Apr 24 May 24 Jun 24 TOTAL

800 - Entertainment

7th Tradition 0.00 0.00 0.00 -202.00 0.00 0.00 -202.00

Total 800 - Entertainment 0.00 0.00 0.00 -202.00 0.00 0.00 -202.00

Bank Service Charges 0.00 0.00 0.00 4.00 0.00 0.00 4.00

Total Expense 6,660.91 4,284.68 4,725.89 6,480.19 3,748.13 771.56 26,671.36

Net Ordinary Income -880.17 -581.20 29.57 -832.70 719.64 1,006.17 -538.69

Other Income/Expense

Other Income

Interest Income 0.02 0.02 0.02 0.02 0.02 0.03 0.13

Total Other Income 0.02 0.02 0.02 0.02 0.02 0.03 0.13

Net Other Income 0.02 0.02 0.02 0.02 0.02 0.03 0.13

Net Income -880.15 -581.18 29.59 -832.68 719.66 1,006.20

**Rachel motions to approve, Daryl seconded. Motion to approve treasurer's report passes unanimously.**

**Committee Reports:**

● **Hotline Chair:**

Hot Line Report July 28, 2024

We had one hiccup where the Hotline was down for a few hours due to service interruption but it was resolved. I talked with Will about hotline needs and a permanent solution to our service continuation and Will found a solution!

If you do get a call after your shift is over please let me know so I can follow up with the person who is scheduled after you.

There currently no open Hotline time Slots, but I also have no backup people so Please have anyone call me that is interested in possibly taking the next open time slot.

Thank you for trusting me with this service responsibility.

Frank W.

972-834-3080

● **Newsletter Chair:** No report / Not present

● **IT Chair:**

The IT committee is off to a great start! John, who was previously managing the website, has agreed to continue working on it as a member of the committee. Please direct all requests to add to the website through [IT@coigaa.org](mailto:IT@coigaa.org) so that I can manage what will and won't go up rather

than John.

Eric, the WFS IGR has helped me by letting me check out their setup in the same TEC basement that we use for the IGR meeting. As a result, we would be able to get a zoom setup going as soon as August using my laptop and the publicly available ethernet cable, camera, and TV.

However, if we would like to make sure that IGR has a setup that is independently available, a budget of around \$240 that would go to:

~\$200 for an on sale budget laptop <https://www.amazon.com/best-budget-laptop/s?k=best+budget+laptop>

~\$6 for an ethernet cable

[https://www.amazon.com/s?k=ethernet+cable&crd=26FZH1YONIAYT&sprefix=et%2Caps%2C207&ref=nb\\_sb\\_ss\\_w\\_hit-vc-lth\\_ethernet-cable\\_k0\\_1\\_2](https://www.amazon.com/s?k=ethernet+cable&crd=26FZH1YONIAYT&sprefix=et%2Caps%2C207&ref=nb_sb_ss_w_hit-vc-lth_ethernet-cable_k0_1_2)

~\$30 for a microphone

[https://www.amazon.com/s?k=microphone&crd=L9EB8ZT5PGXO&sprefix=microphon%2Caps%2C171&ref=nb\\_sb\\_noss\\_2](https://www.amazon.com/s?k=microphone&crd=L9EB8ZT5PGXO&sprefix=microphon%2Caps%2C171&ref=nb_sb_noss_2)

Another suggestion I've received is that if the office is closed or we are willing to share it for the zoom meeting, we could use the computer from the office. This would bring the above budget down to \$40 or let us get a higher quality mic.

I will also be looking for another committee member to help out with setting up the zoom meeting once we get the materials we need to make that happen, since I also have the responsibility of representing Rule 62 as their IGR and there are many people who have reached out to me as willing to be of service.

Finally, John will be able to set up @coigaa.org email addresses for all chairs. He can either have them forward, leaving chairs unable to respond without using their personal accounts, or have them be accounts with somewhat basic functionality.

In Service,

Tyler - IT Committee chair

- **Schedule Chair:**

This month, we have added two new meetings to the schedule and have incorporated numerous changes requested by meetings. The Online Meeting Schedule is completely up to date with all requested changes, as is the downloadable PDF at the COIGAA website.

Following calls from someone who went to attend the "A Gathering of Men" 7am Sunday meeting at Nativity Lutheran Church two weeks in a row and found nobody there, we have removed that meeting from the schedule. If anyone here attends that meeting please see me



and let me know if it is active or not.

This month, we also revised the New Meeting Request form that is used for adding a new meeting to the COIG schedule. Once approved, this will go on the website.

New Meeting request Form: **Current:** [New meeting request form \(4\).pdf](#) **Updated:** [New meeting request form 2024](#)

Printed meeting schedules are available in the back of the room, so load up. Also, I will not be able to attend the August IG meeting, so if anyone here is willing to take a box of schedules home with them and bring them back to the August meeting, please let me know.

Thank you for letting me be of service

Paul G.

Schedule Chair

- **Potluck Chair:**

*Committee Chairperson: Alan S coigaa.potluck@yahoo.com (541) 647-9174*

Greetings to all members of the Intergroup Committee and Intergroup Representatives.

The July 2024 monthly Speaker/Potluck Meeting hosted by the Madras Madness Group was a nice event in a beautiful setting. The newly formed committee showed up with other volunteers and members of the hosting group to set-up, clean up, and during the event.

The upcoming Intergroup Potluck and Speaker meeting will be hosted by the Steps to Sobriety Group at Calvary Baptist Church in Prineville on July 24th from 4-8pm. The flyer lays out the information as well as contact for volunteering. It will be a nice fellowship event in a picnic setting. Please announce this event!!

Please consider joining in helping the Potluck Committee. There will be a planning meeting Wednesday July 14th @ 5:30 upstairs at The Market of Choice on Colorado in Bend. I have emailed the flyer for this event in hopes that IGRs will share with their groups and others.

Thank you for being a part of my AA experience in service to our AA community!

Your friend,

Alan

- **Entertainment Chair:**

The entertainment committee is sorry to announce the cancellation of the Broken Arrow campout. The campground is closed and fire activity in the area makes it unsafe. There has been no activity this month other than the cancellation. The next campout is in September at Simax campground on Crescent lake. I do and will have tickets available for sale at the intergroup committee meeting now and in August. It is \$20 per adult (kids 17 and under are free) for the entire weekend. Trailer spots are limited as stated on the flier. I am taking trailer reservations online. I will only have tickets at the intergroup meeting. If anyone has any questions feel free to email me. IRG's are welcome to get tickets for their home group members.

The tires on the trailer will run about \$ 100. I am sure there is enough in the fund to cover it. As there have been no monies spent in a while. The committee will need to start planning the Halloween event asap. Ideas at the next Entertainment committee meeting are invited. The second Tuesday of each month at 715pm on zoom

Thank you for the opportunity to be of service.

Rachel C.

## **IGR Reports:**

### **We Are Not A Glum Lot:**

My Name is Diane R and I'm an Alcoholic. I am the IGR and represent the We Are Not a Glum Lot group.

The We Are a not a Glum Lot Group meets in Bend at the Church of Christ, 554 NW Newport Ave. We meet at noon on Monday, Wednesday, and Fridays at noon.

1. No recent adjustments to contributions.
2. Have we recently implemented a new service position or updated our bylaws?
3. No change of location or times.
4. We had elections in the spirit of rotation. All positions were filled.
5. We have birthday potlucks quarterly.
6. Group continues with average of about 40 members at each meeting.
7. At the most recent group conscience meeting, we came to a group decision regarding the Central Office.

With love In Service,

Diane R.

I represent the We Are Not a Glum Lot Group

530-263-6478 dioejcb@gmail.com

### **Steps To Sobriety**

Daryl Alcoholic, IGR for Steps to Sobriety, Prineville

Meetings going good, slight increase this month in attendance & 7th Tradition. We had, 3 of 4 Homegroup Members Celebrate @ Our, Birthday Celebration last night. Steps to Sobriety Group is Hosting August's Potluck/Speaker Meeting, the 24th @ Calvary Baptist Church, 2241 n. Main Street. 4pm to 8 pm.. Our Business Meeting was held today.

Our GSR asked District 5's DCM to, Facilitate Our 2nd Group Inventory last Sunday.

We Discussed All 12 Questions on a, 2 minute Each Share with Wonderful Feedback on Improvements We can put into Action!!

Thank You Joey (Our GSR)

Nick (Our Dcm for Facilitating and, Jim for typing 18 pages from it.

Wonderful 3 Hour Spiritual Journey it Was.

We have been Announcing 2, Secretary Openings &, 1 Co Chair Opening.

I will be Rotating out of My 2 Year IGR Term and,

1 Year, Homegroup Treatment Committee Member at end of August..

In Love and Service

*Daryl L*

*Steps to Sobriety*

## New Horizons Grp

<https://newhorizonsgroupaa.com/upcoming-events>

*New Horizons Group  
Of A.A.*



*Speaker/Discussion  
Meetings*

## *Speaker/Discussion Mtgs*

*August 2024*

*Thurs 8/1 - Tradition 8 Presentation w/Q&A*

*Tuesday 8/6 - Robin B. from The NHG*

*Tuesday 8/13 - Reed K. from Redmond Earlyrisers Grp.*

*Tuesday 8/20 - Bobbi S. from Redmond Earlyrisers Grp.*

*Tuesday 8/ - Mike S. from the Thurs Mens Lapine Grp.*



*New Horizons Group Meets  
Mon-Tues-Wed-Thurs at Noon  
At The Trinity Episcopal Church  
469 NW Wall St, Bend, OR 97703  
Visit [NewHorizonsGroupAA.com](http://NewHorizonsGroupAA.com)*

*Mondays: Beginners Mtg.  
Last Monday: Birthday Mtg. 🎂  
Tuesdays: Spk/Discussion Mtg  
Wednesdays: Big Book Study 📖  
Thursdays: Steps 10, 11 & 12*

Russ

NHG IGR

## **WFS Group**

My Name is Erik G. and I'm an Alcoholic. My home group is WFS and I currently serve at their IGR.

There have been no significant changes in the WFS Homegroup or our meetings in the last month.

We would like to make it clear that we are happy to share resources with the Intergroup and other groups including: our webcam (which is mounted on top of the TV in the TEC meeting room), the blue ethernet cable that we leave out, the mic stand we use to mount our microphone for Zoom (which is also left out in the room. IF needed I am happy to help people get oriented to running Zoom meetings and temporarily share our microphone.

WFS meets Wednesday, Friday, and Sunday each week from 7-8 pm in a hybrid format, both in the basement of TEC and on Zoom. The link to our Zoom meeting can be found on the

COIGAA.org meeting section or our Facebook page (WFS Group – Bend, Oregon). Wednesday and Sunday meetings are topic-based shares. Fridays are a books study/discussion meeting using the “Big Book” and “12 & 12”. All our meetings are open to anyone interested in the Alcoholics Anonymous program of recovery from alcoholism. Non-alcoholics may attend our open meetings as observers only. WFS has several service positions available in August with sobriety requirements ranging from 24 hours to two years. These include coffee maker/greeters, Wednesday Secretary, Supplies Person, Literature Rep, and Alternate GSR. You could pick up one of those service positions and join our home group at our monthly business meeting which is held on the first Sunday of the month from 5:15 to 6:30 pm at TEC and on Zoom. The next business meeting is July 7, 2024.

Yours In Service,

*Erik G.*

*WFS Intergroup Representative*

*970-219-1549*

*erik.gantt@gmail.com*

### **Sunday Morning Serenity**

My name is Douglas and I'm an alcoholic.

My group is Sunday Serenity, our group meets at 9:30 am at the Sons of Norway hall. 549 NW Harmon blvd.

At this time we have no changes to contributions or distributions. These are done quarterly.

A) Old business: Elections

1) Literature Chair-Connor S.

2) Coffee Chair-Geoff M. Assistant- Judy A.

3) Set up chair-Curtis E.

4) Clean up chair- No volunteer (2) persons are required. Also (1) additional greeter is needed.

B) Central Office Closure.

Following discussion, the group conscience is NO to the motion to close the Intergroup office permanently. One member expressed an opinion to close the office. The no vote is primarily based on a desire to pause and not make quick decisions on the matter....Unity and an informed group conscience over ALL of Central Oregon is of primary concern.

New business:

1) Move business meeting back one week-Motion withdrawn by the maker of the motion.

2) What to do with the phone list-discussion was started; however, our phone list person was not present. This discussion will be tabled and will be old business at our next meeting.

3) Do we have a group inventory? Following a brief discussion, a motion was made to invite our DCM to our business meeting to explain what a group inventory is and how it can be done. This motion was approved.

In service,

Douglas IGR for Sunday morning serenity meeting.

[dmaus25@gmail.com](mailto:dmaus25@gmail.com)

**Fleeting Thoughts** meets seven days a week at 5:30 p.m. at the Turning Points Recovery Center located at 389 SW Scalehouse Ct #120 in Bend. Thursday through Tuesday are discussion meetings where a chosen discussion leader reads a selection from AA literature of their choosing and then shares on that and selects a topic for the discussion. Wednesday is our newcomer's meeting where we read from Living Sober or Came to Believe and the discussion centers around the 1st step or early sobriety. Our average meeting attendance is holding steady at approximately 30 people with individual meetings ranging from 15 to 40 people. In our last business meeting, we elected a new alternate GSR and a new supplies person for our group. Our group did not take the opportunity to discuss options for the intergroup office/store and will wait to see what other groups propose and discuss in our next business meeting, which will not be until September.

Gratefully Yours in Service,  
*Cody D.*  
*Fleeting Thoughts Intergroup Representative*

### **Mens Thursday Night Book Study**

Francesco G, alcoholic. My home group is the Thursday Night Men's Book Study. It is a closed men's literature study meeting of Alcoholics Anonymous. We meet Thursdays from 7-8 at the First Presbyterian Church in Bend.

We held a group inventory in June and have since created a prioritized list of agenda items that we are working through over the next several months.

In our last two business meetings:

We decided to adjust our contributions as follows - after prudent reserve and GSR fund are met, 40% each to GSO and Area 58, 10% each to District 5 and Intergroup. Our previous contributions were 25% across the board.

We created a new service position for Church Liason.

We voted to keep birthday announcements at the end of the meeting (as opposed to the beginning) for humility as well as to keep shares focused on the literature being read.

We decided to order 50 AA Home Group pamphlets and are adding that to our reading list.

Thank you.

**24 And Alive:**

Nothing new to report

*Emily*

**Thursday Women's Grp**

My name is Jan C., and I am an Alcoholic. My home group is the Thursday Noon Women's Meeting at Foundry Church in Bend.

Our group is working to get speakers for the September Intergroup potluck which we are hosting. We have a committed Alanon speaker and are in contact with a potential AA speaker from Portland.

We held two business meetings to discuss the COIGAA motion to close Central Office permanently. The group conscience ultimately was in favor of the motion to close Central Office. A sizable minority opposed the motion. This minority favors keeping the office open until COIGAA has an alternative central location for literature distribution in place. The minority suggestions for continuing to maintain a central office for distribution of literature and coins include – (1) pay the Office Manager to distribute books, coins, etc. from her home; (2) keep the office open and staff it with volunteers.

Our group has a new Alternate Intergroup Representative, Lynne G. Lynne will attend the July Intergroup meeting and represent our Group Conscience at the meeting.

In Service,

Jan C.

*Intergroup Representative*

*Thursday Noon Women's Meeting*

*714-425-1700*

**La Pine Thursday Night Men's Group**

We are located at the La Pine Community Church, 16565 Finley Butte Road and meet Thursdays

at 530pm. We host a pot luck on the first Thursday of the month which starts at 430pm. We hold our business meeting on the 3rd Thursday after the meeting. We could not hold scheduled elections in our June business meeting because our secretary was absent on holiday and we had no written minutes or anything describing what positions were up for rotation. We postponed elections until our July business meeting. When attendance at the July business meeting was low, there was a motion to postpone elections again – until there could be more participants. During discussion, we discussed ways to get more interest in service and attending business meetings. We voted to have elections and filled all but one service position. Yay Group!

Yours in Service,  
Mike So  
La Pine Thursday Men's Group IGR  
541-520-3221

## Liaison Reports:

### **AlAnon:**

*I hope you are having a lovely weekend.*

*Below is my Al-Anon Liaison report for tomorrow's Intergroup business meeting...*

*In the spirit of cooperation and not affiliation, I have the following two updates:*

- *The annual statewide Oregon Alateen Conference is in August this year, in Molalla, Oregon. <https://www.oregonal-anon.org/alateen-events>. District 5 Al-Anon donated sufficient funds to pay for all the Central Oregon Alateens to go to the conference.*
- *Attached is the most current Al-Anon meeting schedule for Central Oregon.*

*Thank you for sharing my recovery journey with me,*

*Christina*

Al Anon Mtg Sched [District 5 - Meeting Schedule - 4.8.2024.pdf](#)

### **District 5:**

What's up Central Oregon Intergroup!! I'm an Alcoholic and my name is Nick. Upcoming Local General Service events are as Follows:

- The next in person workshop will be a **homegroup workshop on Sunday August, 11th from 11-2 in the Brooks room at the Downtown Bend Library**. We are on week 3 of our 13 week Tradition Workshop in the District 5 Zoom room on Tuesday's from 6-8 pm. This workshop will be interactive with the GSR's and will help us achieve some goals that came out of our District Inventory. I've seen some IGR's there and it is awesome to see some of your committee joining us!! We can all learn from each other!!
- Another thing that came up was how we cooperate with Intergroup to better carry A.A.'s message. Several District Committee members weren't very clear on all of Intergroups function and so I thought it would be a cool idea to have a Cooperation Not Affiliation workshop with both the District and Intergroup Committee members to learn not only what each entity's function is, but also how we could work together to help those suffering from Alcoholism. We have yet to decide to move forward on that and would love some feedback from you guys.
- We are having a pamphlet highlighting party at the Redmond Alano Club on Saturday August 10th, from 2-4 pm. Pizza will be provided!! Please come!!

- On Thursday we had a newcomer packet stuffing party. I love to see all those willing to help carry the message FOR FUN AND FOR FREE!!
- I have been facilitating group inventories left and right, so if your GSR hasn't brought that option to the business meeting, then put them to shame and bring it to your business meeting yourself!! Just like the importance of continuing to take our personal inventory, group inventories can help us to see how we can improve, to help better carry the message to those Suffering Alcoholics. There is always something we are missing or can improve on!!
- We continue to try to encourage and inspire participation in our local Committee work. Both our Treatment and PI/CPC Committees have monthly meetings and would love more participation. They are both doing an amazing job, but need more participation in order to do more. Corrections could use some new blood and are gearing up to go back in person. Please reach out to our Committee Chairs to get involved. [ctf@district5aa.org](mailto:ctf@district5aa.org) [d5aa.cfc@gmail.com](mailto:d5aa.cfc@gmail.com) [d5aa.pic@gmail.com](mailto:d5aa.pic@gmail.com)
- Lastly, I want you and your groups to know that the District is here to help in this time of change. I am very familiar with ordering online and am here to help!! I am more than happy to help all the groups with getting literature!! My email and phone number are on the bottom of this report.

***Yours in Fellowship & Service,***

***District 5 DCM***

***<http://district5aa.org/>***

***Nick M.***

***541-731-6289***



BACK BY POPULAR DEMAND...

**DISTRICT 5 A.A. PRESENTS:  
"THE HOME GROUP"**

BEND PUBLIC LIBRARY  
(BROOKS ROOM)  
507 NORTHWEST WALL STREET

SUN AUGUST 11TH 2024  
11:00AM - 2:00PM



DISTRICT5AA.ORG

**Come share in unity about your Home-group with the rest of your local A.A. community, exchanging ideas and get to know members from other groups!**

FOR MORE INFORMATION  
OR TO ASK HOW YOU CAN BE OF SERVICE  
CONTACT CARMACK AT ALTDCM@DISTRICT5AA.ORG OR 415-516-7988



**A.A. Pamphlet Highlighting &  
Pizza party!**

**Everyone Welcome!  
Supply, Pizza and  
Refreshments provided.  
Come come some lunch  
and fellowship while  
doing service!**

**Food, Fun, Fellowship... FREE!!  
Newcomers encouraged to come!  
Free Drawing for prizes too!**

**Where & When**

**Saturday  
August 10th  
2pm-4pm**



Redmond Alano Club  
Bring a newcomer!  
**For Fun & For FREE!**

For more info visit:  
district5aa.org  
DCM: Nick M. email:dcm05@aa-  
oregon.org  
Phone: 541-731-6289



- Intergroup Inventory discussion - **Tabled from March to April to May to June to July**
- **Discussion** was had Central Office Motion Part 1 - Russ [Central Office Motion #1](#)
- At 6:10: Sarah motioned to extend the meeting 15 minutes, Carly seconded, all were in favor.
- **Doug motioned to table** Central Office Discussion because of the sensitive nature and all groups had not yet had an opportunity to discuss. **Paul Seconded tabling motion.** All were in favor, no oppose. **Motion tabled.**
- 6:25: Motion to adjourn the meeting was made by Russ, seconded by Carly and passed. All else will be tabled to next month's agenda.
- **Hilary adjourned the meeting at 6:30pm**

*Respectfully Submitted,*  
Carrie B. COIG Secretary  
541-788-7276 / [JandCBlake@gmail.com](mailto:JandCBlake@gmail.com)