



Cascade Connection

A Newsletter for COIGAA

August 2024

“Made a list of all persons we had harmed, and became willing to make amends to them all.”

Step 8 of Alcoholics Anonymous

“This is a very large order. It is a task which we may perform with increasing skill, but never really finish. Learning how to live in the greatest peace, partnership, and brotherhood with all men and women, of whatever description, is a moving and fascinating adventure.”

~Twelve Steps and Twelve Traditions p. 77

Tradition 8 Long Form: “Alcoholics Anonymous should remain forever nonprofessional. We define professionalism as the occupation of counseling alcoholics for fee or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.”

~Twelve Steps and Twelve Traditions p. 191.

“Now we need more action, without which we find that ‘Faith without works is dead.’ Let’s look at Steps Eight and Nine.”

~Alcoholics Anonymous, p. 76

Reprinted from Alcoholics Anonymous and Twelve Steps and Twelve Traditions with permission of Alcoholics Anonymous World Services, Inc.

**A.A. HOTLINE
(541) 548-0440**



**Redmond Central
Office is Closed.**

**See next page for
more information and
how to order
literature and coins.**



Looking for Other Meetings?

Looking for a local Live or Virtual Meeting of Alcoholics Anonymous? Check out our website for meeting locations, dates, times, login info and passwords:

www.coigaa.org

Or download the Meeting Guide App

<https://www.aa.org/meeting-guide-app>



Redmond Central Office is Closed

The *Intergroup* is still 100% functioning and the office closure does not affect the Hotline, Schedules, Entertainment, Newsletter, Potluck Speaker Meetings, or the Website in any way. Intergroup Services and Service Committees will continue to function as usual. Including the COIG Business Meetings. If you have any questions, concerns or requests regarding any intergroup function, as usual, please contact the chair of that committee.

To Order Literature On-Line:

- **AAWS Conference Approved Literature:**
Click here to order: <https://onlineliterature.aa.org/>
- **Grapevine:**
<https://www.aagrapevine.org/store/>

Non A.A. Misc. such as Coins and other items there are any number of vendors online (See Some Links Below)

More information will be offered re: our current stock and plans for an office will be available in the future.

<https://onlineliterature.aa.org/>

<https://www.aagrapevine.org/store/>

<https://www.recovery-world.com/AA-coins.php>

<https://www.passitonrecoveryshop.com/anniversary-aa-bronze-affirmation-coins.html>

<https://www.thetokenshop.com/>



Hotline Volunteers Needed

If you have an interest in joining our Hotline, or sign up as a 12th Step Volunteer, PLEASE contact our Hotline Chairperson, Frank W., at stuckrecovery@gmail.com

Remember, our primary purpose is to help the alcoholic who still suffers.

**The Next COIGAA IGR Meeting
Will be on August 25th, 2024
At 4:00 pm
at TEC, Trinity Episcopal Church**

Happy Birthday

Submit your Home Group Birthdays for to Alice at alicesbend@gmail.com

Happy Birthday, Linda T!
32 years (8/3/1992)

Happy Birthday, Bethany F!
6 years (8/14/2018)

Happy Birthday, Audrey H!
2 years (8/16/2022)

Happy Birthday, Eric W!
1 year (8/1/2023)

Thank You



**Will D.—Interim Treasurer
Tyler—Interim IT Committee Chair**
Thank you for your service!

AA 12 Steps Principle of the Month

Love

There are many definitions of love and the Websters Dictionary definition that seems most relevant to Step 8 is:

Love - (n.) unselfish loyal and benevolent concern for the good of another.

“Sometimes we need to place love ahead of in-discriminant ‘factual honest.’ We cannot, under the guise of ‘perfect honesty,’ cruelly and unnecessarily hurt others. Always one must ask, ‘What is the best and most loving thing I can do?’”

~ *As Bill Sees It*, p. 172

“Lord, grant that I may seek rather to comfort than to be comforted -- to understand, than to be understood - to love, than to be loved.”

~ *Twelve Steps and Twelve Traditions*, pg. 99

Reprinted with permission of Alcoholics Anonymous World Services, Inc

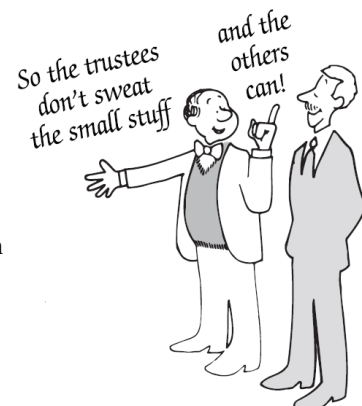
AA Concepts Principle of the Month

Consistency

Concept 8—Short Form

“The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.”

“The trustees are the guarantors of good management of A.A. World Services, Inc. and AA Grapevine, Inc . . . by electing the directors of these service arms, a part of whom must always be trustees . . . The executive direction of these functions is . . . lodged in the . . . service corporations themselves, rather than the General Service Board. Each corporate service entity should possess its own bylaws, its own working capital, its own executives, its own employees, its own offices and equipment.”



Reprinted from The 12 Concepts For World Services, Illustrated

NEW

POWELL BUTTE AA MEETING

SUNDAYS 6:30PM

Beginning Sunday, July 7, 2024

Powell Butte Christian Church

13720 Hwy 126 (across from The Country Store)

OPEN MEETING

BIG BOOK & LIVING SOBER STUDY

CONTACT JENSINE P. (541) 480-8639

Exciting news - a small group of AAs in Powell Butte are starting a meeting in July!

- Sundays 6:30PM - 7:30PM
- Starting Sunday, July 7th, 2024
- Powell Butte Christian Church (on Hwy 126 across from the Country Store) in the Fellowship Hall
- *Big Book* Study except the last Sunday of the month when we'll read from *Living Sober*
- Open Meeting

**Monday
Nights
7:00pm**



**Firing Line
Group Of
Alcoholics
Anonymous**

**Big Book Study
& Speaker Meeting**

**20380 Halfway Rd. #C
Bend Or. 97703
Between the Bethlehem Inn & FedEx**

COIG Potluck Spk/Mtg Committee Meeting!



Join this A.A.
Committee, or just
come put your 2
cents in, and/or
volunteer to help!

2nd Wednesday's
5:30pm - Upstairs
Market Of Choice

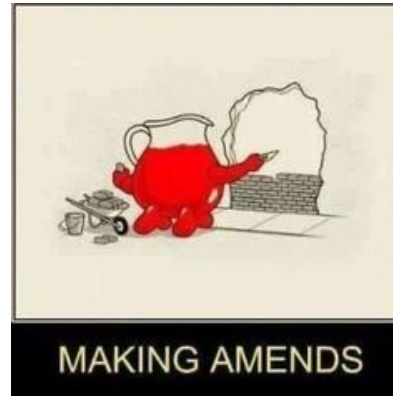
Monthly COIG
Alcoholics
Anonymous
Potluck/Spk Mtgs
are on the
Last Saturday
each month.

Committee
Volunteers Needed!

Questions?? Comments, Suggestions, or Interest in joining the Potluck Committee
Contact Potluck Committee Chair at: coigaa.potluck@yahoo.com or (541) 647-9174



Eighth Step Prayer
Higher Power, I ask Your help in making my list of all those I have harmed. I will take responsibility for my mistakes and be forgiving to others, as You are forgiving to me. Grant me the willingness to begin my restitution. This I pray.



Step Eight : “Made a list of all persons we had harmed and became willing to make amends to them all.”

“In making amends, it is seldom wise to approach an individual who still smarts from our injustice to him, and announce that we have gone religious. This might be called leading with the chin. Why lay ourselves open to being branded fanatics or religious bores? If we do this, we may kill a future opportunity to carry a beneficial message.”

Alcoholics Anonymous, pg. 77

“Good judgment will suggest that we ought to take our time in making amends to our families. It may be unwise at first to rehash certain harrowing episodes. While we may be quite willing to reveal the very worst, we must be sure to remember that we cannot buy our own peace of mind at the expense of others.”

Twelve Steps and Twelve Traditions, pg. 84

“ In making amends, we should be sensible, tactful, considerate, and humble without being servile or scrapping. As God’s people, we stand on our feet; we don’t crawl before anyone.”

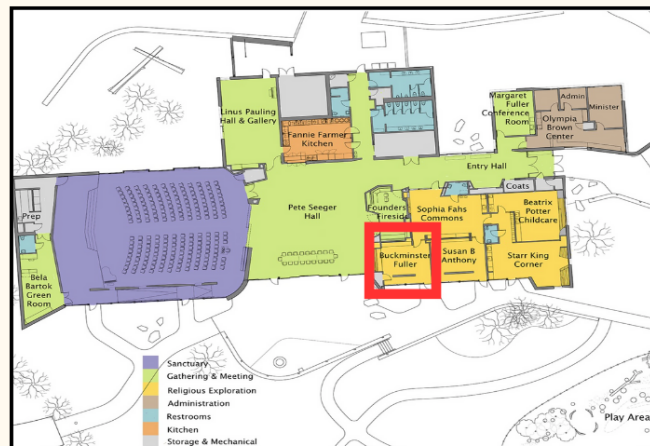
Alcoholics Anonymous, pg. 83

SUNDAYS @ 7PM

AA MEETING
**QUEER
RECOVERY
LGBTQIA+**

**UNITARIAN UNIVERSALIST
FELLOWSHIP OF CENTRAL OREGON**

61980 Skyline Ranch Road
Bend, Oregon



Located in the Buckminster Fuller room -
side entrance facing outdoor play area

More info:
347.668.1962

CENTRAL OREGON INTERGROUP
WWW.COIGAA.ORG

PRESENTS THE

AUGUST 2024
SPEAKER MEETING
SATURDAY AUGUST 24TH

HOSTED BY

STEPS TO SOBRIETY GROUP

'MEETS @ THE REBEL'S ROOST IN PRINEVILLE'
(M,T,W,F 5:30-6:30P ; Th,S,S 12NOON-1)

THE EVENT WILL BE LOCATED AT:
CALVARY BAPTIST CHURCH
2241 N. MAIN ST.

POTLUCK DINNER AND FELLOWSHIP
4PM-7PM

AA SPEAKER
W/SPECIAL GUEST
AL-ANON SPEAKER
7PM-8PM

♦♦BBQ ♦ FUN ♦ GAMES ♦♦

ALL ARE WELCOME!

HANDICAP ACCESSIBLE

RIDESHARING IS ENCOURAGED
LOAD UP THE WAGON' AND COME JOIN US!!

♦SPEAKER/POTLUCK COMMITTEE MEMBERS NEEDED!! ♦
TO JOIN THE COMMITTEE, CONTRIBUTE, OR QUESTIONS:
COIG.POTLUCK@YAHOO.COM
DOES YOUR GROUP WANT TO HOST IN 2025?

Steps To Sobriety Grp Presents:

What: Speaker/Discussion Mtg

When: Fridays at 5:30pm

Where: The Rebels Roost

703 N. Main St. Prineville Or.



Upcoming Speakers:

July 5th - Dale C. Madras Madness

July 12th - Michael H. WFS Grp.

July 19th - Daniel T. Primary Purpose Grp.

July 26th - Home Group's Bday Celebration Night!


August 2nd - Artha P. Not A Glum Lot Grp.

August 9th - Linda L. 24 & Alive Grp.

August 16th - Howard D. Tumalo Grp.

August 23rd - Wayne S. SOS Mens Grp.

August 30th - Home Group's Bday Celebration Night!



For on A.A. Unity
depend our lives

*New Horizons Group
Of A.A.*

*Speaker/Discussion
Meetings*



Speaker/Discussion Mtgs

August 2024

Thurs 8/1 - Tradition 8 Presentation w/Q&A

Tuesday 8/6 - Robin B. from The NHG

Tuesday 8/13 - Reed K. from Redmond Earlyrisers Grp.

Tuesday 8/20 - Bobbi S. from Redmond Earlyrisers Grp.

Tuesday 8/1 - Mike S. from the Thurs Mens Lapine Grp.



*New Horizons Group Meets
Mon-Tues-Wed-Thurs at Noon
At The Trinity Episcopal Church
469 NW Wall St, Bend, OR 97703
Visit NewHorizonsGroupAA.com*

*Mondays: Beginners Mtg.
Last Monday: Birthday Mtg. 🎂
Tuesdays: **Spk/Discussion Mtg**
Wednesdays: Big Book Study 📖
Thursdays: Steps 10,11 &12*

COIGAA ENTERTAINMENT COMMITTEE

Hi everyone

It's with a really heavy heart that I am going to cancel the Broken Arrow Campout this year. It is currently closed due to fires and won't be reevaluated for reopening until the 28th. I don't want to lose that much money and not be able to go camping, I would rather save it and put it back into the fund for another trip.

If anyone else has some ideas, I'm open to them. Other than that, I'm gonna try and get some tickets to sell for Crescent. Please post on website and to your groups.

Sincerely, Entertainment Committee



Simax Group Campout

COIGAA Entertainment Committee

Invites all Central Oregon to **Crescent Lake** for the last campout of the 2024 season.

Thursday September 19th check-in 2pm thru Sunday September 22th at 12pm

Discussion meetings Thursday and Friday at 730pm. Fellowship opportunities are endless during the day with picnic areas, fishing, hiking and stunning views of the lake. Simax group campground offers the conveniences of drinking water, showers, and flush toilets on-site! This campground has plenty of onsite tent camping. Group camp area B and C have been reserved.

There is extremely limited space for camp trailers. We will be taking trailer reservations online at entertainment.coigaa@gmail.com confirmations will be sent. If you want a trailer spot email asap.

The cost of camping is a \$20 contribution per adult. Scholarships are available. Contributions to the scholarship fund are welcomed.

Nearby Crescent Lake Resort has a general store with supplies, equipment rentals, and other amenities. Check out their website. Limited cell services.

Not into camping?

Join us at the Pavilion

Saturday September 21th 6pm potluck

Speaker meeting at 7pm.

From Highway 58, turn south at Crescent Lake Junction on Forest Service Road 60. Travel 2.2 miles to the junction with Forest Service Road 6005. Continue a mile south, following signs. To Simax group camp

Want to see more events?
Come to our Committee Meeting!

JOIN US!

Do you like throwing a good shing ding?

Are you looking for some sober summer fun?

Does your Home Group have ideas for some awesome fellowship opportunities?

Is it time for you to get in service?

Do you want more fun events in your Central Oregon town?

Then the COIGAA Entertainment Committee is looking for you!

We could use your input and help!

This committee includes the entire Central Oregon area AA community.

Home groups are encouraged to send a representative to the meeting.

Everyone is welcome no sobriety time requirements to be part of the fun.

Zoom meeting Second Tuesday of the month 7pm

Meeting ID 961 1009 6966 Password 061935

District 5 A.A. Info

District 5 Business Meeting

ALL ARE WELCOME!

2nd Sunday Each Month

4:00pm - 5:30

district5aa.org

All Are Welcome!
Come listen to what your Central Oregon General Service Committee is doing with your A.A. Dollars! Committee Reports GSR Reports Service Opportunities Come get involved!



For more info contact the DCM at: dcm@district5aa.org

Downstairs Trinity Episcopal Church

469 NW Wall St, Bend, OR 97703

Online Access
ID: 869 0310 1724
PC: 164

BACK BY POPULAR DEMAND...

DISTRICT 5 A.A. PRESENTS: "THE HOME GROUP"

BEND PUBLIC LIBRARY
(BROOKS ROOM)
507 NORTHWEST WALL STREET

SUN AUGUST 11TH 2024
11:00AM - 2:00PM



Pot Luck
Bring a dish to share
All are welcome!
Breakout discussion sessions
Bring your home group members!
Free Giveaways!
Interacting, Prizes, Sharing
FOOD - FUN - FELLOWSHIP - FREE!!

DISTRICT5AA.ORG

Come share in unity about your Home-group with the rest of your local A.A. community, exchanging ideas and get to know members from other groups!

FOR MORE INFORMATION
OR TO ASK HOW YOU CAN BE OF SERVICE
CONTACT CARMACK AT ALTDCCM@DISTRICT5AA.ORG OR 415-516-7988

District 5 A.A. Website // district5aa.org
Local events calendar // <http://district5aa.org/calendar>

Please send me District 5 A.A. upcoming events and announcements.

E-mail *

Enter Email Address

Sign me up!



Scan here to sign up for D5 Emails



<https://form.jotform.com/231056617315148>

Did you know you can listen to AA speakers on YouTube?!?!

Here is the link to listen to a speaker talk about The Promises: <https://youtu.be/ruTvXps9zAc?si=Q03RyQg7RTZfitFW>

And you can **SEE Step 8 from the 12x12 In ASL** at: <https://www.youtube.com/watch?v=XI9V10IkNbM>

DISTRICT 5 A.A. TREATMENT COMMITTEE MTG. FOR ALL A.A. GROUPS IN CENTRAL OREGON

**First Tuesday of the
month at 6:00pm
Downtown Bend Library
Upstairs in the
Hutchenson Room
ALL ARE WELCOME!**

**Would your home
group like to help to
carry the A.A. message
into treatment
facilities in District 5?**

Many groups elect a "Treatment Representative" who serves on the local treatment committee. If your group has a Treatment rep, you are able to go into the facilities with them and speak on panels, helping to carry the A.A. message to alcoholics in treatment.



CTF@DISTRICT5AA.ORG

A.A. in
Treatment
Settings

A.A. in Treatment Settings On-Line Conference Of Alcoholics Anonymous

Hosted by **OR. Area 58 Treatment Committee**

**Saturday October 19th
10am-3pm Pacific
(1 Hr Lunch Break @ Noon)
Mtg ID: 807 513 1787
Passcode: 166459**

A day of Presentations, Workshops, Panels, Ask-It-Basket, Speakers...
For Treatment Professionals, GSRs, DCMs, A.A. Members serving on a Treatment Committee, those who would like to carry the A.A. message into a facility...
Everyone! All are Welcome!

Guest Speakers:

**Craig W. Area 11 Panel 65 Delegate
Dale S. Area 59 Panel 65 Treatment Chair
Billy N. Area 19 Panel 49 Delegate**



CTF-S@AA-OREGON.ORG

A.A. in
Treatment
Settings

What's Happening Elsewhere?

ROGUE MEN'S FALL RETREAT

September 13th-15th, 2024
Friday 6 PM to Sunday 12 PM



Spiritual Experience

Topics based on BB Appendix II

Lake Selmac, Mallard Loop
500 Reeves Creek Rd, Selma OR



Scan for Google Map

\$40 Registration

(required for all attendees - includes tent spot)

\$70 additional for RV Spots

(Total of \$110 - subject to availability)

All Reservations Include...

- Friday & Saturday Night Tent/RV Spots
- Friday Night Pizza
- Saturday Breakfast, Lunch and Dinner
- Sunday Breakfast - muffins & donuts

Contact us

- Email: rogue.mens.retreat@gmail.com

Please Bring...

- Camp Chair
- Tent
- Sleeping Bag
- Flash Light
- Notebook
- Coffee Cup
- Clothes -Appropriate for warm days and cold evening



Scholarships Available to those who are unable to afford registration

Register @
mens-fall-retreat.cheddarup.com
or
Register Via Mail



Name _____ Address _____

Phone _____ City _____ State/Zip _____

Email _____ Please Mail this form and Check made payable to

Rogue Men's Fall Retreat
1386 Bonita Avenue
Medford, OR 97504

-----Registration +Tent Site -----RV Site -----Scholarship Request

2024 Willowa Lake AA Campout & Speaker Meeting

When: August 23rd, 24th, & 25th

Where: Creating Memories
59895 Pollock Rd, Joseph, OR 97846

Tent and RV Camping Available

Schedule: August 23rd, Friday: 7pm Open AA Meeting

August 24th, Saturday: Breakfast by District 29 @ 8am

9am to 5pm - swimming, hiking, games, fishing.

Enterprise Group Dinner (Cost for dinner TBA) at 5pm to 6pm.

Speaker Meeting 6:30pm: [Dan L. - Corbett, OR](#)

August 25th Sunday, Breakfast by District 29 at 8am.

Open AA Meeting at 9am



Reservations: Willy: 503-964-1363
Rocky: 541-398-1194

Beginning Tuesday
7/16/2024
6-8pm

An In-depth weekly look at the 12 Traditions

Lead by: Craig W. Of the Mighty Purpose & Rythum Grp.

Twelve Tradition Study

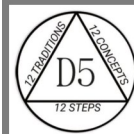
Craig will be presenting each Tradition with plenty of time for questions and conversation. Start coming up with those hard questions surrounding the Traditions!!

Zoom ID: 869-0310-1724

Password: 164

Hosted By: Oregon Area 58 District 5

Questions Contact: DCM Nick M. 541-731-6289



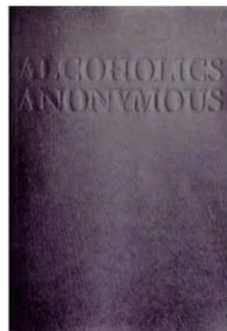
THE ON AWAKENING ONLINE GROUP OF ALCOHOLICS ANONYMOUS SALEM OR. PRESENTS:

The "Recovery In Action" Workshop (Tips and Tools to take others through the steps using the Big Book Of Alcoholics Anonymous)

This is an On-line workshop hosted by a group in Oregon Area 58, District 33

Grab yourself a new big book and a highlighter and come along with us for a new expirience!

Tip - The following is a link to order a large print Study Edition big book for \$6 from AA World Services:
<https://onlineliterature.aa.org/Big-Book-Large-Print-Abridged>



12 ONE HOUR SESSIONS
SUNDAYS AUGUST 4TH - OCTOBER 27TH
TIME: 2:00 PM PACIFIC TIME
PRESENTER: CARRIE B. BEND OREGON
ZOOM ID: 890 8856 8173 PW: 744711



For more information contact: Ricardo J. (District 33) 503 930 9987





AA IN THE WOODS

\$35/adult (in advance)
 (\$40/adult at the campout)
kids camp for free!



MEETINGS & FELLOWSHIP



HIKES & GAMES



POTLUCKS & CAMPFIRE JAMS



SWIM & PADDLE SPORTS BEACH

Saturday Night Speaker:
 Bill W, Bend Oregon

Contact Gordon N at 206.731.9731
 Paul K at 503.270.9060 or
 Lura G at 971.678.3921

Email: AAitWcampout@gmail.com

More details or register online at:
WWW.AAITW.ORG

A limited number of well-behaved dogs will be allowed at the campout this year. See the website or contact us for requirements and complete details.



Language of the Heart Lenguaje del corazón Le langage du cœur

October 11th – 13th, 2024

Go to www.rosecitygirlstock.com for online and hotel registration!



Holiday Inn Portland South (HIPS)
 25425 SW 95th Ave., Wilsonville, OR 97070
 503-682-2211

Book your room from our website

\$124-\$134: Special Room Rates for the HIPS (per night plus tax) for single or double beds.
 Offer expires September 20, 2024

Join us for a weekend journey through the 12 Steps of Alcoholics Anonymous: Bringing women together through love, laughter and service.

*"...no middle-of-the-road solution."
 Page 25, Alcoholics Anonymous*

SPEAKERS

- Sharon A. (Depoe Bay, OR)
- Joie K. (Portland, OR)
- Marilyn S. (Los Angeles, CA)
- Julia S. (Portland, OR)
- Angela R. (Portland, OR)
- Lisa C. (Portland, OR)
- Celia C. (Corvallis, OR)
- Erin L. (Beaverton, OR)

\$80: In-Person Registration Only
 \$150: In-Person Registration + Meals (Meals include Saturday Night Dinner, Sunday Morning Breakfast)
Vegetarian and Vegan Options will be provided

\$30: Online Only Registration
 All prices above do not include processing fees

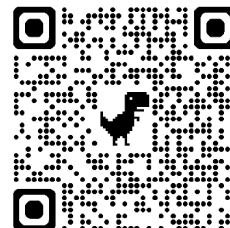
Registration Chair: Janet B.; Co-Chair: Carolyn A.
 Email: rosecitygirlstock@gmail.com
 RCGS Chair: MiQuelle D.: 512-751-6996
 RCGS Co-Chair: Mary C.: 503-706-2122

**SATURDAY NIGHT SOCIAL/PAJAMA PARTY/
 GAME NIGHT FREE TO ALL IN-PERSON
 REGISTRANTS**

Rose City Girlstock is a paid event which is self-supporting through your registrations. You must be registered to attend. No Seventh Tradition baskets are passed at any time during the event.

NO REFUNDS WILL BE ISSUED

FREE COFFEE - REGISTRATION LIMITED TO 300 - REGISTER EARLY!!!



THE LOVE & SERVICE

The three legacies conference, where we share our stories of using the AA Steps, Traditions and Concepts in our lives.

FORMERLY THE UNITY & SERVICE CONFERENCE
 HOSTED BY THE LOVE & SERVICE AA GROUP

MAIN SPEAKERS:
 BILLY N. FROM PALM BEACH GARDENS, FL
 MIKE F. FROM AURORA, CO "MYTHS AND MISCONCEPTIONS"
 JEFFREY N. FROM NOVATO "USING THE AA STEPS"
 FRANCINE W. FROM PALM DESERT, CA "USING THE AA TRADITIONS"
 ARISA B. FROM BOSTON, MA "USING THE AA CONCEPTS"
 TINA O-W. AND JOE O. FROM EL SOBRANTE "USING AA 3 LEGACIES IN OUR RELATIONSHIP"
 ANDIE MOSS "CLASS A TRUSTEE"

OCT FRI 2024	OCT SAT 2024
11	12
REGISTRATION OPENS : 3:00PM EVENT : 6:00PM - 8:30PM	EVENT STARTS : 9:00AM EVENT ENDS : 10:00PM

HYBRID EVENT
 SPANISH INTERPRETATION
 ASL INTERPRETATION

ONLINE & IN-PERSON REGISTRATION COST
 INCLUDES SATURDAY CONTINENTAL BREAKFAST & LUNCH

EARLY BIRD ~ BEFORE JULY 01 ~ \$39
STANDARD ~ JUNE 02 - OCT 08 ~ \$44
LAST CALL ~ OCT 08 - OCT 11 ~ \$55
 OPTIONAL ~SATURDAY DINNER ~ \$55

EVENT REGISTRATION | <https://www.unityandserviceconference.org/>

THE HOPE CENTER | 2275 MORELLO AVE | PLEASANT HILL | CA
 For more information email 3LegaciesConf@LoveAndServiceGroup.org

Al Anon Events

Al-Anon/Alateen Service Manual 2022 – 2025
2023 World Service Conference Summary Study
 Sponsored by District 17

All Al-Anon & Alateen Members welcome!



Download
<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>



Download
<https://al-anon.org/for-members/world-service-conference-wsc/world-service-conference-summary/>

Join us every first Saturday of the month

06. January 2024	06. July 2024	09.30 – 10.30	Service Manual Study
03. February 2024	03. August 2024	10.30 – 10.45	Break
02. March 2024	07. September 2024	10.45 – 11.30	World Service Conference Study
06. April 2024	05. October 2024		
04. May 2024	02. November 2024		
01. June 2024	07. December 2024		

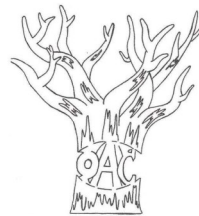
Zoom - Meeting ID: 817 0097 0492 - Passcode: 160402
<https://us02web.zoom.us/j/81700970492?pwd=TxkxcM41SERWcndQUDBiNWlrJ0NnUT09>

For more information, contact Judy
jjmenhp123@gmail.com

12th Annual OAC



Save The Dates
 August 2nd, 3rd, 4th, 2024



**Oregon
 Alateen
 Conference**

Contact/Questions: OregonAlateen@gmail.com

To Be Held At:
 Molalla Retreat Center
 36208 S Molalla Forest Rd
 Molalla, OR 97038

Mail Donations:
 OAC
 PO Box 12
 Tualatin, OR 97062

TOWN HALL

To Discuss the Frequency
 of Oregon Area
 Assemblies and AWSCs



The Oregon Area currently holds three Assemblies and three Area World Service Committee (AWSC) meetings each year. The Thought Force on the Frequency of Assemblies/AWSCs is proposing that we hold two Assemblies and two AWSCs each year instead.

All Al-Anon members are invited to talk about this proposal.

Our Thought Force wants to hear your questions, opinions and concerns. This will also be a topic for discussion and/or vote by group representatives at the next Assembly. But we want to hear from any and all Al-Anon members! So please join us.

Contact Ree M. if you have questions:
stumpyree@icloud.com

When:

- Thurs. August 8th at 7:00 p.m.
- Wed. October 16 at 7:00p.m.
2024

Join Zoom Meeting

<https://us02web.zoom.us/j/89383957636?pwd=UUUvY4hnpYfzNaavE9TK6pMjQYQ.1>

Meeting ID: 893 8395 7636

Passcode: Assembly

Dial by location:

+1 253 215 8782 US (Tacoma)

The 7th Tradition will not be observed.

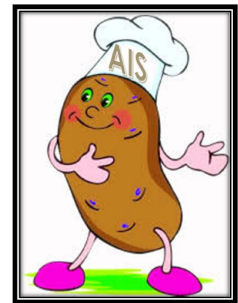
AIS FUNDRAISER POTATO BAR & POTLUCK

Fall Forward

Desi D.
 Love & Service AFG
 (Al-Anon)

Jason J.
 The Shed
 (A.A.)

TBD
 (Alateen)



When: Oct. 26th, 2024; 5:30pm-8:30pm

Where: Rise Church
 10445 SW Canterbury Ln.
 Tigard, OR 97224

Who: Al-Anon, Alateen Members & their families
 Suggested Donation: \$10/Person \$20/Family

Sponsored by the Portland AIS Service Committee
 All proceeds received will be sent to Portland AIS

Prefer Cash & Checks; Accepting Cash, Checks, Debit, Credit or Paypal

Contact the AIS office for more details (503) 292-1333; ais@al-anonportlandoregon.org
 AIS Fundraiser Committee Chair: Deanna M. deannalettingo@gmail.com

Rev3



A Fabulous Potluck & Potato Bar!
 We will provide the Potatoes & Toppings. We ask you to provide the chili, sides & dessert.

Outstanding Speakers!
 See our amazing line up of speakers above.

Stellar Silent Auction baskets!
 Gladly accepting baskets and donations from individuals and groups.

Traditional 50/50!
 Right, you buy tickets & we will draw one – That person will win half the pot & the other half will go towards the fundraiser.

AA Humor



Grapevine Aug. 2024

Central Oregon Intergroup of AA
Coigaa

Central Oregon Intergroup Contacts

Chairperson	Mike S.	masinbend@gmail.com
Vice Chair.	Hilary D.	hilarydembsky@outlook.com
Secretary	Carrie B.	jandcblake@gmail.com
Treasurer	Will D.	willcoigaa@gmail.com
Newsletter	Alice S.	alicesbend@gmail.com
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Advisory Board Committee	Lanelle D.	lleaduran@gmail.com
Advisory Board Committee	Jane L.	jannesspeech@gmail.com
Advisory Board Committee	Helen W.	DocMason039@gmail.com

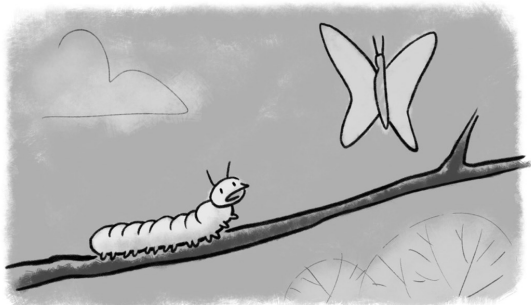
Intergroup Meetings take place the fourth* Sunday of each month at 4:00 PM and are held LIVE at TEC and offered via Zoom at

469 NW Wall Street, Bend.

Observers are welcome to attend too!

Contact coigoffice@coigaa.org for more information

*In Nov. and Dec., the meetings are held on the 3rd Sunday of the month



AA History

Aug. 8, 1879	Dr. Bob born in St. Johnsbury, VT.
Aug. 9, 1943	LA groups announce 1000 members in 11 groups.
Aug. 11, 1938	Akron and NY members begin writing stories for Big Book
Aug. 16, 1939	Dr. Bob and Sister Ignatia admit 1st alcoholic to St. Thomas Hospital. Akron, Ohio
Aug. 19, 1941	1st AA Meeting in Colorado is held in Denver.
Aug. 25, 1943	AA group donates Big Book to public library in Quincy, MA