

For the most up to date times and places,  
go to coigaa.org (select meeting options)

## SUNDAY

**Bend**  
7:00 am A Gathering of Men, Discussion **NLC**  
8:00 am Solo Por Hoy Spanish Meeting **SPOG (SP)**  
9:30 am Cyber Sisters Meditation, Online Meeting, **(W)**  
I.D.: 920 633 636 Password: 769928  
10:00 am Sunday Morning Serenity **SON**  
12:00 pm The Park Meeting **PP**  
4:00 pm Ladies' Afternoon Tea **TPR**  
5:30 pm Fleeting Thoughts Meeting **TPR**  
7:00 pm W-F-S /Hybrid **TEC**  
downstairs basement in the back  
Online I.D.: 541-548-0440 Password: serenity  
7:00 pm Last Gaspers (Must enter in back) **TG**  
Lastgaspersbendaa@gmail.com  
7:00 pm Sober Desire **TE (CL)**  
7:00 pm Queer Recovery **LBGTQA+ UUFCCO**

**Burns**  
7:00 pm Women's meeting **FSC**

**La Pine**  
5:00 pm Sunday Serenity TDC  
5:30 pm Smith and Wilson **TS (M)**

**Madras**  
7:00 pm Madras Oasis Group, Big Book Card Discussion **GLSC**

**Prineville**  
12:00 Steps to Sobriety **RRH**

**Redmond**  
9:00 am Sunday Sober Sisters **RAC (W)**  
Discussion, Speaker  
10:30 am 11th Step/Meditation Meeting, **RAC**  
5:30 pm 24 & Alive, Big Book **RAC**

**Sisters**  
7:00 pm Easy Does It **EC**

## MONDAY

**Bend**  
7:00 am Rising in Recovery Group/Big Book Study  
Online I.D. 979 5651 0260 Password Home  
7:00 am Eastside Early Risers Big Book **CON (H)**  
7:00 am Sunrise Meeting, **FPC**  
7:00 am Weathering the Storm **WEB**  
(Meets seasonally May-Sept), **MLP**  
7:00 am Attitude Adjustment Meeting In Person/Online **TEC**  
I.D.: 877 723 986 Password: trudge  
12:00 pm We Are Not A Glum Lot - Speaker/Discussion **COC (NSOP)**  
12:00 pm The Park Meeting **PP**  
12:00 pm New Horizons Group Beginner Meeting **TEC**  
5:15 pm One Day at a Time Speaker Meeting / Discussion Online  
I.D. 6166307121 Password 934747  
5:30 pm Primary Purpose - Newcomers Meeting with reading **TEC**  
5:30 pm Fleeting Thoughts Meeting **TPR**  
7:00 pm Step Sisters **TE (CL) (W)**  
(Book Study/Disc. 1st 3 Mondays,  
Speaker/Disc. 4th Monday plus Birthdays)

7:00 pm Young at Heart **TPR**  
7:00 pm Rebellion Dogs (Must enter in back) **TG (M) (CL)**

**La Pine**  
5:30 pm La Pine Serenity Seekers **TS**

**Madras**  
7:00 pm Madras Oasis Group **GLSC**

**Mt Vernon**  
7:30 pm Outlaw Group – Open – Discussion **MV (H)**  
Presbyterian Church, 171 E. Main St.

**Prineville**  
10:00 am Willing To Go To Any Length/Hybrid **RRH**  
I.D. 924 657 419 Password: 123456

5:30 pm Steps to Sobriety Book Study **RRH**

**Redmond**  
7:00 am Redmond Early Risers. Big Book **ZLC**  
12:00 pm Redmond Rebels/Hybrid **COG (CL)**  
Noon to 1pmCall-in number: 1-855-852-5852 (toll free)  
no code needed Please call 15 min. prior to meeting. For  
more information, go to the Intergroup website at coigaa.org.

5:30 pm 24 and Alive **RAC**  
6:00 pm The Books They Found Essential Meeting – Open  
1108 Antler Ave. Zion Lutheran Church YOUTH BLDG

**Sisters**  
5:00 pm Living Sober **LC**

**Sunriver**  
7:00 pm Sunriver Monday Night Hybrid **SNC**  
I.D.:86003516241 Password:367754

**Terrebonne**  
6:00 pm The Ranch Refuge Group, Discussion **HHSC**

**Tumalo**  
6:00 pm Book Study **FH**

## TUESDAY

**Bend**  
7:00 am Sunrise Meeting, **FPC**  
7:00 am Rising in Recovery Group Meeting  
I.D.: 979 5651 0260 Password Home  
Contact us at: onlineearlyrisers@gmail.com

7:00 am Eastside Early Risers, Living Sober/Came to Believe **CON (H)**  
7:00 am Weathering the Storm **WE**  
(Meets seasonally May-Sept., **MLP**

7:00 am Attitude Adjustment Meeting Step Study  
In Person/Online **TEC**  
I.D.: 877 723 986 Password: trudge

12:00 pm The Park Meeting **PP**  
12:00 pm New Horizons Group Speaker/ Discussion Study **TEC**  
5:30 pm Chicks with Chips Discussion, Speaker, **CON (W)**  
Upstairs in the Expedition Room  
5:30 pm Fleeting Thoughts Meeting **TPR**  
5:30 pm Cyber Sisters, Discussion, Online Meeting, Speaker, **CON (CL,W)**  
I.D.: 920 633 636 Password: 769928

5:30 pm Primary Purpose – Meditation and Discussion **TEC (CL)**  
7:00 pm Tuesday Night AA, Discussion **CON**  
Speaker Meeting first Tuesday of the month  
7:00 pm Tuesday Night 11th step Meditation Meeting online **FPC**  
I.D.: 872 3110 1479 Passcode: 132615.

7:00 pm Last Gaspers (Must enter in back) **TG**  
Lastgaspersbendaa@gmail.com

7:30 pm Rule 62 **FPC**

**Crescent**  
6:00 pm Tuesday Night - Keep it Simple **CC**

**Madras**  
7:00 pm Madras Oasis Group Big book study **GLSC**

**Prineville**  
12:00 pm Willing To Go To Any Lengths/Hybrid – **RRH**  
I.D. 341 1590215 Password: 033233  
Steps to Sobriety, Discussion

5:30 pm Redmond Early Riser, Step Study **ZLC**  
9:30 am Sisters 4 Serenity, Big Book **CPC (W)**  
12:00 pm The Nooner **RAC**  
5:30 pm 24 and Alive **RAC**  
7:00pm Living Sober **RAC**

**Sisters**  
12:00 pm High Noon Big Book Study **LC**

**Terrebonne**  
5:30 pm Terrebonne Trudgers, Big Book **SRCC**

## WEDNESDAY

**Bend**  
7:00 am Sunrise Meeting, **FPC**  
7:00 am Rising in Recovery Group/As Bill Sees it. Online  
I.D.: 979 5651 0260 Password: Home

7:00 am Eastside Early Risers, As Bill Sees It **(H) CON**  
7:00 am Weathering the Storm **WEB**  
(Meets seasonally May-Sept). **MLP**

7:00 am Attitude Adjustment Meeting, Discussion  
In Person/Online **TEC**  
I.D.: 877 723 986 Password: trudge

12:00 pm We Are Not a Glum Lot , As Bill Sees It **COC (CL) (NSOP)**  
12:00 pm The Park Meeting **PP**

12:00 pm New Horizons Group Big Book Study **TEC**  
5:30 pm Primary Purpose - Big Book Study **TEC**  
5:30 pm Fleeting Thoughts Meeting **TPR**  
7:00 pm W-F-S Group/Hybrid **TEC**  
I.D.: 541 548 0440 Password: serenity

**Burns**  
7:00 pm AA Meeting Open Meeting **FSC**

**John Day**  
7:30 pm Let It Go Group - Open – Discussion **(H)**  
St. Elizabeth Catholic Church, 111 SW 2nd Ave

**La Pine**  
6:00 pm La Pine Wed. Night Living Sober **LPCC**  
2nd Wed, Potluck 6:00, Speaker 7:00

**Madras**  
7:00 pm Madras Oasis Group **GLSC**

**Prineville**  
7:30 pm Steps to Sobriety, Literature Study **RRH**

**Redmond**  
7:00 am Redmond Early Risers As Bill Sees It **ZLC**  
12:00 pm The Nooner **RAC**  
5:30 pm 24 and Alive **RAC**  
6:00 pm Girls Gone Sober **(W)**  
1108 W. Antler Ave. Entrance in Back  
7:00 pm Wednesday men's Stag meeting, Discussion **COG (M)**

**Sisters**  
7:00 am Men's Discussion **LC (M)**  
7:00 pm Easy Does It **ECWarm Springs**  
7:00 pm Meeting Book Study, open, **(H)**

## THURSDAY

**Bend**  
7:00 am Sunrise Meeting, Daily Reflections **FPC**  
7:00 am Rising in Recovery Group/ Daily Reflections, Online Meeting  
I.D.: 979 5651 0260 Password: Home

7:00 am Eastside Early Risers Daily Reflections/Speaker **CON**  
7:00 am Weathering the Storm **WEB MLP**  
(Meets seasonally May-Sept).

7:00 am Attitude Adjustment Mtg., Big Book Study  
In Person/Online **TEC**  
I.D.: 877 723 986 Password: trudge

12:00 pm Thursday Women's Meeting **FC (W)**  
12:00 pm The Park Meeting **PP**  
12:00 pm New Horizons Group Rotating Traditions & Steps  
10, 11, 12 – 5th Thursday, Concepts Study **TEC**

5:30 pm Chicks with Chips, Discussion **CON (W)**  
5:30 pm Cyber Sisters, Step Meeting Online Meeting  
I.D.: 920 633 636 Password: 769928

5:30 pm Primary Purpose – 12 Steps & 12 Traditions **TEC (CL)**  
Meditation, Step Meeting  
5:30 pm Fleeting Thoughts Meeting **TPR**

7:00 pm As men see it **NLC (M)**  
7:00 pm Last Gaspers, (Must enter in back) **TG**  
7:00 pm Men's Thursday night book study **FPC (M) (CL)**  
12 & 12, Big Book

**La Pine**  
5:30 pm Thursday Night Sober Chicks **(W) TS**  
5:30 pm Thursday Night Men's **LPCC (M)**

**Madras**  
7:00 pm Madras Oasis Group, 12 & 12 Study **GLSC**

**Prineville**  
12:00 pm Steps to Sobriety Discussion **RRH**  
5:30 pm Willing to go to Any Lengths **RRH**

**Redmond**  
7:00 am Redmond Early Risers, Big Book **ZLC**  
9:30 am Sisters 4 Sobriety **CPC**  
12:00 pm Redmond Rebels/Hybrid **COG (M)**  
1-855-852-5852 (toll free) no code needed.  
Please call 15 min. prior to meeting.  
24 & Alive **RAC**

5:30 pm Sober Sisters Women's Meeting **LC (W) (CL)**

**Sisters**  
12:00 pm Sober Sisters Women's Meeting **LC (W) (CL)**  
**Terrebonne**  
5:30 pm Terrebonne Trudgers SRCC **(SL)**

## FRIDAY

**Bend**  
7:00 am Sunrise Meeting, **FPC**  
7:00 am Rising in Recovery Group/ 12 and 12 Study, Online Meeting  
I.D.: 979 5651 0260 Password: Home

7:00 am Eastside Early Risers, 12 and 12 Study **CON (H)**  
7:00 am Weathering the Storm **WEB MLP**  
(Meets seasonally May-Sept).

7:00 am Attitude Adjustment Meeting Discussion  
In Person/Online **TEC**  
I.D.: 877 723 986 Password: trudge.

12:00 pm Veteran's Meeting **VR (CL) (H)**  
12:00 pm We Are Not A Glum Lot - Daily Reflections **COC (NSOP)**  
12:00 pm The Park Meeting **PP**

