

**Central Oregon Intergroup
Meeting Minutes
May 22nd, 2022**

Start: Opened meeting with Serenity Prayer at 5:33 pm
(note: meeting was hybrid)

Attendance: Frank W., Helen W., Amy P., Joan C., Valorie R., Gina R., Jordon H., Lanelle D., Barry J., Gary D., Ray G., Julie S., Diane W., Diane R., Jason M., Travis N., Larry K., Carrie B. (D5 Representative)

Quorum: Yes (more than 6)

Recording Secretary: Amy P. read minutes from last meeting aloud
Any Amendments? No
Motion to approve - seconded – Minutes Approved

Treasurer's Report: No Treasurer to report. Joan, Office Manager, completed preliminary budget, will present at next meeting

Chair Report: Frank W. has no formal report, but did attend Area Assembly meeting and feels invigorated and wants to do things in the best possible way for the group

Vice-Chair: Position Open

Office Manager: Joan C. thanked groups for ongoing support. COIGAA office showed a profit of \$814.79 for April. Completed preliminary Budget, pending Treasurer's Approval. Complete Office Manager Report, attached.

Office Manager Report: May 22, 2022

IGR Office Financials month ending April 30, 2022

<u>Income</u>		<u>Expenses</u>	
Books & Literature	\$ 1,095.00	Books & Literature	\$ 970.10
Coins & Miscellaneous	\$ 489.55	Coins/Misc.	\$ 330.05
Contributions	\$ 4,630.29	Office Expenses	\$2,330.48
Total	\$ 6,214.84	Payroll	\$1,769.42
		Total	\$5,400.05
Profit	\$ 814.79		

Thank you to the groups for your ongoing generosity and support of the Intergroup. Please call Joan at the Intergroup Office with any requests or questions, 541 923 8199.

April was another busy month at the Intergroup Office. Purchases are mostly being made inside the office. We wear masks but are not requiring others to wear them.

The new email encountered another glitch that was not fixable. We are going back to our original and have created a workaround to manage forwarding without an additional

cost. With Quickbooks we could not manage the inventory without paying an increased fee that is not in keeping with our budget. We have a candidate for Treasurer that is adept at Excel and is confident that we can take another look at excel to use it as we need to without glitches.

We carry a variety of AA books and literature. Regular Aluminum and Bronze coins, and a variety of Specialty Sobriety Coins. Please visit the Website or call the office at 541-923-8199 if you have questions about what we sell or if you would like me to order something specific or prepare an order in advance.

- **Intergroup Hours of Operation:**

Monday and Thursday: 9 a.m. to 2 p.m. Tuesday and Friday: 9 a.m. to 1 p.m.
Wednesday 9 a.m. to 1 p.m. and 2 p.m. to 6 p.m. New hours are posted on the Website, phone message, Schedule, and Office Window.

A Variety of calls and walk-up requests, at the Intergroup Office, include: AA information, help for friends and relatives, hours, meeting information, how to find a sponsor, requests for AA contact, Spanish & English Books and Literature, 12th step help, speakers for hospitals and institutions, requests for information about books, literature and coins. A request to begin a meeting at an assisted living facility. Calls are managed and directed appropriately.

I live in Bend, and I am available to bring orders in for customer convenience.

Respectfully submitted: Joan C., COIG Office Manager

Committee Chair Reports

Newsletter: Alice S. (read aloud by Amy P.)

Here is my Newsletter Report:

Hello, My name is Alice and I am an alcoholic.

The newsletter for COIGAA, Cascade Connection, is published monthly and is a newsletter for the membership of Central Oregon Intergroup of Alcoholics Anonymous. The Cascade Connection is about, by and for members of Central Oregon Alcoholics Anonymous. If you have an article, artwork, joke, event, meeting update, recipe, service opportunities or recovery related information that you would like to share with the larger AA community here in Central Oregon, please email submissions to newsletter@coigaa.org by the 20th of each month for publication in the next month's newsletter. The newsletter needs you because it is for YOU! Please share this invitation to contribute to your homegroup members.

Thank you for letting me be of service!

Speaker/Potluck: Position open

Schedules: Helen W. 1400 schedules distributed, will be working on more. Please look for any changes to your meetings and submit those changes in time to distribute with 2nd printing

Website: Jordon H.

COIG May 2022 Webmaster Report

Email's Received Since Last Meeting: 40

Website Traffic: May page views 6043 total / 287 per day

Activities:

Updated Newsletter page

Added New Meetings and Corrections

Added District/COIG/Advisory Board Meetings to Events Calendar

Posted 8 Announcements/Flyers

Uploaded Meeting minutes/reports

Lots of time Troubleshooting email issues - conclusion, Site5 host not supporting email

Authentication(DKIM) so emails bounce from @yahoo.com addresses otherwise functional.

New Business:

Yahoo email addresses will continue to be undeliverable while using Site5 hosting. I recommend switching hosting and DNS to one service. Site5 Hosting renewal is due in

July and GoDaddy DNS renewal due **August** GoDaddy Email Renewal is due **June**.

Godaddy is currently charging an additional \$71.88/yr for one email inbox and do not allow aliases so Joan would have to forward all emails to officers.

Bluehost and Namecheap both support DKIM and so email could be migrated and would be the same and inclusive of hosting cost.

Current Hosting: Site5.com

\$9.54/mo = \$114.48/yr

2year terms 9.17/mo = \$220.08

Other Hosting options:

GoDaddy:

\$5.99 /mo With a 3-yr term You pay \$215.64

Renews at \$8.99/mo for 3yr term(\$323.64) \$107.88/year

BlueHost:

\$2.95 /mo With a 1-yr term You Pay \$35.40

Renews at \$8.95 a month for 3yr term (\$322.20) \$107.40/yr

Namecheap:

\$1.88/mo With a 1-yr term You pay \$21.88

Renews at \$3.88 a month for 1 yr (\$42.88)

DNS provider: Domain price + Privacy price = Yearly

Current using Godaddy: \$20.99 + \$24.99 = \$45.98

Bluhost: \$17.99 + \$15.00 = \$32.99

Namecheap: \$14.98 + \$0 = \$14.99

Entertainment: Jim B. (Jason presented)

I am on the Entertainment Committee and Jim isn't able to attend tonight, he asked that I give an update.

The Entertainment Committee continues to meet regularly 2 times per month. Our last meeting was held on Monday May 16.

The next event will be taking place May 30th in Redmond at Sam Johnson Park, it will be a potluck and speaker meeting from 11-3. The flyer and information is on the homepage of the intergroup website under announcements.

Upcoming events to save to your calendar (flyers coming) are:

Ochoco Campout June 23-26

Ogden Campout July 28-31

Crescent Campout September 15-18

Anyone with ideas or an interest in a fun service position is welcome to join us, please contact Jim B. for the next meeting date and time at entertainment@coigaa.org

Yours in Loving Service,
Jason M. - member of Entertainment Committee

Hotline: Lauren S. (read by Amy P.)

Hello my name is Lauren and I am your Hotline Chairperson.

The 12 step list is over four years old and I am trying to get the lists up to date. I emailed to the people who are on the Hotline list, the partially updated 12 Step list.

There is an opening on the Hotline for Mondays from 9 AM until 1 PM. One needs to be 6 months sober for the Hotline. Also, the Hotline needs relief people.

Attached is a flyer and the 12 step list. Please take this to your groups and pass the list around, so people can sign up. One needs to be six months sober.

If you have any questions or have the 12 list filled in. You can reach me at

lds19461977@gmail.com.

Thank you.

Al-anon Liaison: Position Open

District 5 Report: Carrie B.

My name is Carrie and I am currently serving as District 5 DCM.

District 5 has our biannual inventory scheduled to take place June 11th. We will be having Penny, Oregon Area 58 Alternate Delegate come to facilitate that.

Saturday July 16th our delegate will be coming to Bend to give us a detailed report of what happened at the general service conference this year! Any new changes coming to AA, updates about the 5th edition big book... Etc. This will be your chance to ask her anything you like! As always District 5 likes to make a party out of it! More than likely this will be catered. We're for sure going to have food, Fellowship, a free raffle, and all are welcome! And the entire event is free! If you would like to be of service, or if you have any newcomers in your group who would like to take a service commitment for this once a year events, please send them my way! This should be a great opportunity for Unity building in Central Oregon.

In the meantime District 5 is still meeting on Sundays at TEC at 4pm to study the Traditions and Concepts. All are welcome, and we hope to see IGRs there!

For more information visit us at **District5AA.org**

In Love and Service,

D5 DCM

Carrie B

dcm@district5aa.org

Old Business:

Vote on open positions

Treasurer – Valorie Ryan is standing for Treasurer. Her home group is Rising in Recovery, where she currently serves as treasurer. She is a sponsor and has a sponsor, has been sober since 2015. She listed several service positions, some at the District level. Valorie has business and computer experience. Larry K. asked Valorie if she feels she has enough time to devote to this position, she responded “yes.”

Vote for Valorie to act as Treasurer of COIGAA:

YEA (all)

NAY (none)

Valorie will schedule a meeting with Joan, at the Intergroup Office, and go to First Interstate Bank in Redmond to add her signature to the COIG checking accounts.

Advisory Board – Barry J. standing for Advisory Board. Barry has held several service positions, including (but not limited to) homegroup meeting Secretary, and Web Chair and Newsletter Chair for COIGAA. Barry has been sober since 2010.

Vote to elect Barry to Advisory Board position:

YEA (all)

NAY (none)

Vice-Chair and Potluck/Speaker Committee Chair remain unfilled

New Business:

Joan has schedules at the COIGAA office and can bring them to Bend, you just have to ask. Joan also reiterates that if anyone has a question regarding financials and COIGAA, she will be more than happy to discuss them.



WFS is having our 62nd Anniversary party this coming Wednesday



See Attached Flyer

ALL are welcome.

Thank you for letting me be of service.

Julie Stevens
WFS IGR

Larry K., WANAGL –
I'm happy to report that the group is still doing well.

Location: Church of Christ, 554 NW Newport Ave, Bend

Meetings: Monday, Wednesday, Friday-all at noon

Attendance: Up and down-20-40

7th Tradition: Continues somewhat above expenses and Prudent Reserve

Service: Alternate GSR and CTF rep are open

Group conscience: Now monthly on the first Monday of the month immediately following the regular meeting

At the last group conscience the group voted to discontinue contributions to the Intergruop for the time being

Events, etc: Nothing currently planned

In service;
Larry K

P.S.-As I am moving from Central Oregon I will no longer be representing the group as IGR.

Lanelle D., The Spot – address is 15746 Burgess Road, La Pine

Diane R., Rising in Recovery – as it has been

Jason M., Redmond Early Risers –

My name is Jason, and I am representing the Redmond Early Risers meeting at the Zion Lutheran Church. We meet Monday - Friday from 7am-8am. Our meeting is structured as follows:

Monday - Big Book Study
Tuesday - Step Discussion
Wednesday - As Bill Sees It
Thursday - Daily Reflections
Friday - Step Study

We are celebrating a lot of sobriety in the month of May. We had milestones ranging from 24 hours to 33 years. In all we will celebrate 9 birthdays totalling over 115 years of sobriety!

Our last business meeting was held May 3, we discussed our 7th tradition tradition and the amount we had available after expenses. We voted to distribute the amount above our prudent reserve by sending to District, GSO and Intergroup. We voted in a new GSR and discussed the 6 month meeting chair positions which we will be voting on next month.

Yours in Loving Service,
Jason M.

Gina R., Step Sisters –

Step Sisters Meeting

- * Women's meeting that meets at 7 PM every Monday, in person at TEC basement.
- * Meeting format is a book study meeting then open for sharing with the Last Monday of the month being a speaker/discussion meeting.
- * We meet for Dinner and fellowship on the last Monday of the month at various locations.

* Monthly business meeting on the first Monday of the month, with good service involvement and finances supporting quarterly donations and payments.

*Attendance is good and steady, averaging approx. 25 women per meetin

Diane W., TNAA –

Tuesday Night AA has had a consistent 30 ppl in attendance. We are still trying to even out the coed part of our meeting in that since Covid we are low on women attendees.

Eb and flow of meetings is like this.

Financials are strong and so is the coffee. We are serving it up again thanks to Jacob!!

Speaker meeting first Tuesday of the month. Come and enjoy!

Diane W. IGR

Lauren S., Sunday Morning Serenity –

Hello my name is Lauren and I am an Alcoholic.n My home group is Sunday Morning Serenity at 10 AM.

We are a small group. We really like the support. We read the 12 Steps, and the 12 Traditions, We read from the Daily Reflections and we share our Experience, Strength and Hope.

We may be small but we are a lively group. Our business meeting is the first Sunday of the month, right after the meeting.

In Fellowship and Service

Lauren S. IGR for Sunday Morning Serenity at 10 AM

Meeting Closed with Responsibility Statement - 6:23 pm