

# Cascade Connection

A Newsletter for COIGAA

August 2023



“Alcoholics Anonymous should remain forever nonprofessional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.”

Eighth Tradition, Long Form, 1946

## The Eighth Tradition

*Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.*



**HOTLINE**  
**(541) 548-0440**



**“Made a list of all persons we had harmed, and became willing to make amends to them all.”**

*- Step 8, Alcoholics Anonymous*

*Reprinted from Twelve Steps and Twelve Traditions, with permission of Alcoholics Anonymous World Services, Inc.*

## Central Oregon Intergroup Office

337 W. Antler Ave., Ste B

Redmond, OR 97756

**(541) 923-8199**

[coigoffice@coigaa.org](mailto:coigoffice@coigaa.org)

Hours:

Monday 9 am—2 pm

Tuesday 9 am—1 pm

Wednesday 9 am—1 pm

and 2:15—6 pm

Thursday 9 am - 2 pm

Friday 9 am—1 pm

Central Oregon Intergroup of AA  
**Coigaa**

## Looking for Other Meetings?

Looking for a local Live or Virtual Meeting of Alcoholics Anonymous? Check out our website for meeting locations, dates, times, login info and passwords:

[www.coigaa.org](http://www.coigaa.org)

Or download the Meeting Guide App

<https://www.aa.org/meeting>





## 12th Step Volunteers Needed

Do you live in Madras, La Pine, Sisters, Tumalo, Sunriver, Warm Springs, Prineville or are you willing to travel there?

If you are willing to join our 12th Step Volunteer list, PLEASE contact our Hotline Chairperson, Lauren S., at lds19461977@gmail.com

**We also need a Hotline volunteer to cover the Monday 9am-1pm and 1pm-5pm shifts!**

**The Intergroup Needs You!**  
We are looking for a new Vice Chair for the Central Oregon Intergroup  
(2 yr. sobriety requirement)

Contact Frank or Joan at [coigoffice@coigaa.org](mailto:coigoffice@coigaa.org)

**We need a new Treasurer to assume Valorie's responsibilities ASAP!**

**Valorie can train the new person so please reach out to Frank if you think you might be able to support the Intergroup!**



### COIGAA IGR Meeting

August 27, 2023

5:30 pm at TEC and via Zoom

This is a Closed Hybrid Business Meeting  
ZOOM Meeting ID - 961 1009 6966 Password - 061935  
Intergroup Members Welcome to Attend!

Need Chips?  
Need AA Literature?

You can get it at the office!

### Office Hours

Monday & Thursday 9am – 2pm  
Tuesday & Friday 9am – 1pm  
Wednesday 9am – 1pm & 2:15pm – 6pm

Joan is also able to bring orders to Bend if you can't make it to the office.

Contact Joan at [coigoffice@coigaa.org](mailto:coigoffice@coigaa.org)



### Principle of the Month

#### Non-Professional

“ALCOHOLICS ANONYMOUS will never have a professional class. We have gained some understanding of the ancient words “Freely ye have received, freely give.” We have discovered that at the point of professionalism, money and spirituality do not mix.”

~*Twelve Steps and Twelve Traditions pg. 168*

*Reprinted from Twelve Steps and Twelve Traditions, with permission of Alcoholics Anonymous World Services, Inc.*

“When we had agreed that the Twelfth Step couldn't be sold for money, we had been wise. But when we had declared that our fellowship couldn't hire service workers nor could any AA member carry out our knowledge into other fields, we were taking the counsel of fear, fear which today has been largely dispelled in the light of experience.”

~*Grapevine article by Bill W. on the 8th Tradition, December 1952.*



## EIGHTH STEP PRAYER

Higher Power, I ask Your help in making my list of all those I have harmed. I will take responsibility for my mistakes and be forgiving to others, as You are forgiving to me. Grant me the willingness to begin my restitution. This I pray.



**Step Eight : “Made a list of all persons we had harmed and became willing to make amends to them all.”**

**“Every A.A. has found that he can make little headway in this new adventure of living until he first backtracks and really makes an accurate and unsparing survey of the human wreckage he has left in his wake.”**

*~Twelve Steps and 12 Traditions, p.77*

**“We have then completed Step Seven. Now we need more action, without which we find that ‘Faith without works is dead’... We have a list of all persons we have harmed and to whom we are willing to make amends. We made it when we took inventory....Now we go out to our fellows and repair the damage done in the past. We attempt to sweep away the debris which has accumulated out of our effort to live on self-will and run the show ourselves.”**

*~Alcoholics Anonymous, p. 76*

**COIG.AA**  
*(Central Oregon Intergroup of Alcoholics Anonymous)*  
[www.coigaa.org](http://www.coigaa.org)

*Presents the*

**August 2023  
Intergroup Potluck & Speaker  
Meeting**

**Saturday August 26th  
5pm - 8pm**

*Hosted by*

**The Park Meeting**

*(meets daily at 12p, Pioneer Park in Bend)*

@

**Trinity Episcopal Church (TEC), Brooks Hall**  
469 NW Wall Street Bend, Oregon  
(enter on corner of Wall Street, upstairs)

**Potluck and Fellowship 5pm-7pm**

**AA and Al-Anon Speakers @ 7pm**

***All are Welcome!!***

***Handicap Accessible***

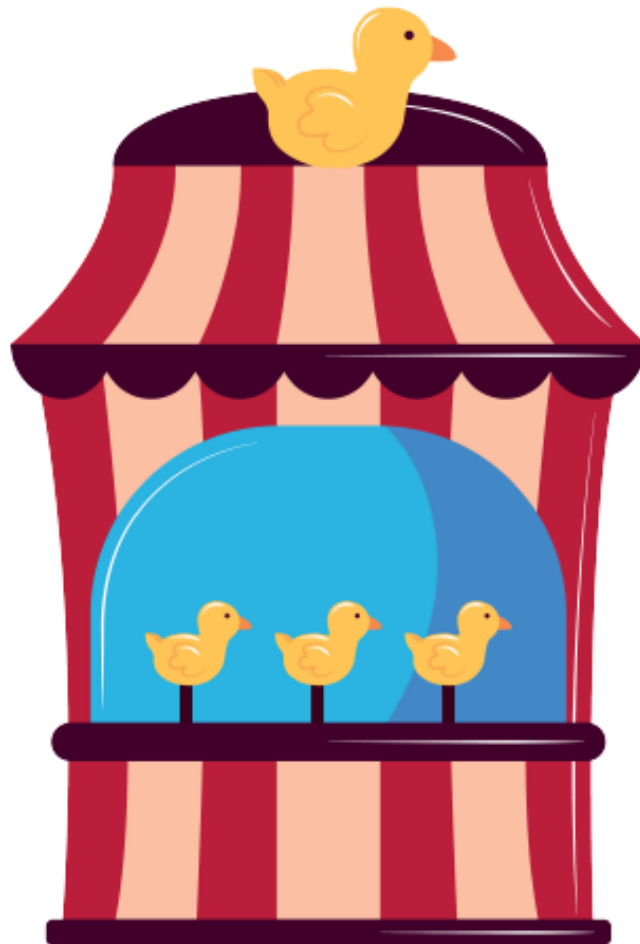
***Questions or comments: COIG.AA office (541) 923-8199***

# Labor Day September 4th

Tumalo State Park Day Use Areas A & B

Step right  
up to our  
spectacular  
Home  
Group  
Carnival!

**COIGAA**  
**Labor**  
**Day**  
**BBQ**



Central Oregon Intergroup Entertainment Committee invites ALL of Central Oregon to join in and celebrate our Home Groups! Home Groups are invited to come up with a Carnival or AA themed booth or a game to bring to the park. Show everyone what makes your home group great. Recycling and repurposing encouraged. Folding and picnic tables available to use. Potluck/BBQ starts @ noon. 50/50 raffle at 6pm. Fun all day floating, swimming, horseshoes, bocce ball, water ballons, and tons of other things to celebrate the day. AA related prizes, hamburgers and hotdogs provided by COIGAAEC

Questions Email [entertainment.coigaa@gmail.com](mailto:entertainment.coigaa@gmail.com)

Parking is \$5 or state parks parking pass

# CARNIVAL

New Horizons Group  
Of Alcoholics  
Anonymous

Tuesdays at Noon  
Speaker/Discussion  
Meetings



## Tuesday Spk/Discussion Mtgs

August 2023

- 8/1 - *Janelle D. The Spot Grp La Pine*
- 8/8 - *Michael P. The New Horizons Grp*
- 8/15 - *Stephanie W. Attitude Adjustments*
- 8/22 - *Pete B. NHG (From Madras)*
- 8/29 - *Alan J. From the Sunrise Grp.*

New Horizons Group Meets  
Mon-Tues-Wed-Thurs at Noon  
At The Trinity Episcopal Church  
469 NW Wall St, Bend, OR 97703  
Visit [NewHorizonsGroupAA.com](http://NewHorizonsGroupAA.com)

Mondays: Beginners Mtg.  
Last Monday: Birthday Mtg.  
Tuesdays: **Spk/Discussion Mtg**  
Wednesdays: Big Book Study  
Thursdays: 11th Step Mtg.  
1st Thursday: Tradition Study

## Steps To Sobriety Grp Presents:

What: Speaker/Discussion Mtg

When: Fridays at 5:30pm

Where: The Rebels Roost  
703 N. Main St. Prineville Or.



### Upcoming Speakers:

- July 7th - Paulette L. LaPine Sober Chick's
- July 14th - Rachel M. Madras Oasis Grp
- July 21st - James P. Men from the Park
- July 28th - Home Group's Birthday Celebration Night!
- August 4th - Nick M. Young At Heart Grp
- August 11th - Rachel C. Fleeting Thoughts Grp
- August 18th - Sarah B. New Horizons Grp
- Aug 25th - Home Group's Birthday Celebration Night!



For on AA Unity  
depend our lives



## at Young Heart

Young Peoples Group  
Of Alcoholics Anonymous

Every Monday  
Night at 7pm  
in Bend

389 SW Scalehouse Ct.  
Located in the Old Mill District

## Speakers Davey G. & Vicki S.

Tuesday Night A.A. Group

A.A. Spk Mtg

7:00p August 1st

1270 NE 27th St, Bend Or. 97701  
(Around back of the Nazarene Church)



# Simax Group Campout

## COIGAA Entertainment Committee

Invites all Central Oregon to *Crescent Lake* for the last campout of the 2023 season.

***Thursday September 14<sup>th</sup> check-in 2pm thru Sunday September 17<sup>th</sup> at 12pm***

Discussion meetings Thursday and Friday at 730pm. Fellowship opportunities are endless during the day with picnic areas, a sandy beach, fishing, hiking and stunning views of the lake.

Simax group campground offers the conveniences of drinking water, showers, and flush toilets on-site! This campground has plenty of onsite tent camping. Group camp area B and C have been reserved.

There is *extremely limited* space for camp trailers. We will be taking trailer reservations online at [entertainment.coigaa@gmail.com](mailto:entertainment.coigaa@gmail.com) confirmations will be sent. If you want a trailer spot email asap.

***A suggested donation of \$20 per adult for camping and coffee.***

Nearby Crescent Lake Resort has a general store with supplies, equipment rentals, and other amenities. Check out their website. Limited cell services.

**Not into camping?**

**Join us at the Pavilion**

**Saturday September 16<sup>th</sup> 6pm potluck**

**Speaker meeting at 7pm.**

# Members Share

## Willingness

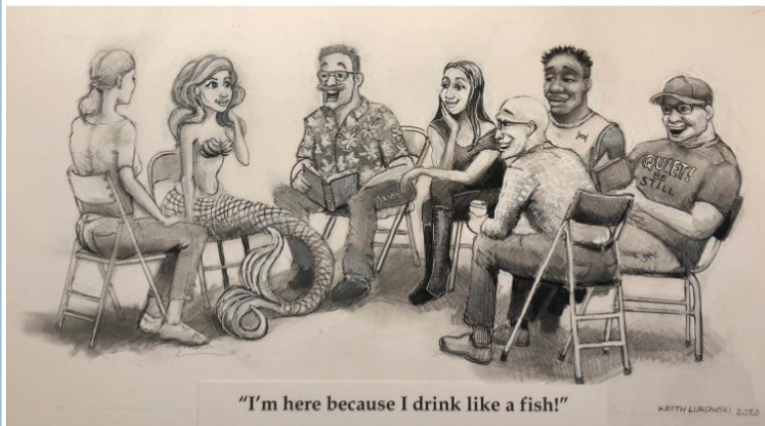
At different meetings, I've heard and used that statement about claw marks being all over things that I've given up, which is really meant to say that I (and we) have all had a hard time letting go of (fill in the blank), hence the claw marks comment.

I think it's pretty honest and real. But, as the meditation continues, the important thing is that we did let go (and let God) and that we became willing. If I'm not willing, then I'm shutting down all the possibilities.

Willingness leads to openness which leads to  
Awareness which leads to  
Understanding which leads to  
Compassion which leads to  
Non-judgment which leads to  
Acceptance which leads to  
Forgiveness which leads to  
Peace which leads to  
Loving-kindness which leads to  
Gratitude which leads to  
Humility which leads to  
a sense of Oneness and Unity with Spirit and all of creation.  
And it's Willingness that opens the door.

I pray that I become and remain willing to go where the Spirit leads me and do what it takes.

-Ward S.



"I used to drink over feelings. Now, I share them with others. I get to see miracles happen quite often. When I first came in, all the slogans on the walls were just words; now, I live them. God is doing for me what I couldn't do for myself— not pick up the first drink."

~ Dave K.



# We Are Not A Glum Lot

**LETTER DISTRIBUTION**

A - 9	N - 6
B - 2	O - 8
C - 2	P - 2
D - 4	Q - 1
E - 12	R - 6
F - 2	S - 4
G - 3	T - 6
H - 2	U - 4
I - 9	V - 2
J - 1	W - 2
K - 1	X - 1
L - 4	Y - 2
M - 2	Z - 1
BLANK - 2	

**BRAND**

**SCRABBLE** CROSSWORD GAME by Willard Bradley

©1948, 1998 HASBRO 4024-X1

Seen on the wall in the TEC Meeting Room

# District 5 A.A. Info

**AUGUST  
DISTRICT 5 A.A.  
PI/CPC COMMITTEE MTG  
(ALL ARE WELCOME)**

**Wednesday  
August 23rd, 6:00 pm  
Downtown Bend Library  
Downstairs in the  
Brooks Room**

**Alcoholics Anonymous  
in your  
Community**

HOW THE FOLLOWERSHIP  
OF A.A. WORKS  
IN YOUR COMMUNITY  
TO HELP ALCOHOLICS

**Just simply show up  
and sign up!  
We could use 1 member  
from each A.A. Group  
in Central Oregon  
on this committee!**

Members serving on the Public Information (PI) of Alcoholics Anonymous (AA) Committee help carry the message of recovery to the still suffering alcoholic. Working together, we do this by informing the general public about A.A. by distributing P.I. cards, posting local hotline fliers, providing resources to the public such as literature, discussion, and educational materials. We also can provide Public Service Announcements to newspapers, radio and television stations.

[DISTRICT5AA.ORG](http://DISTRICT5AA.ORG)

**A.A. UNITY DAY  
THIS SATURDAY AUG 5TH  
11AM-2PM TEC BROOKS HALL**

**POT LUCK**

All Are Welcome For Fun & For Free!

District5AA.org

**Home Group Workshop:**

- \*Breakout Sessions
- \*Share about your group
- \*Roundtable Sharing Q&A
- \*Free Give-aways
- \*Food & Fellowship!

**Bonus Entertainment!**

**TALENT Show**

469 NW Wall St, Bend  
Brooks Hall - TEC  
Saturday, September 9th  
2pm-5pm



**DISTRICT 5 A.A. ★  
EVENT PLANNING MTG  
ALL ARE WELCOME!**



**WHEN: 2PM SUNDAY AUGUST 6TH  
WHERE: DOWN TOWN BEND LIBRARY  
(HUCHINSON ROOM UPSTAIRS)  
WHO: ALL ARE WELCOME!**



Come sign up to be of service  
and help plan District 5 events!  
There's something for everyone!  
[District5aa.org](http://District5aa.org)



**GSR Taco Bar**

**With Loteria  
(Mexican Bingo)**

Rotation is coming up FAST! Come learn what a GSR does!  
Have you considered becoming a GSR or an Alternate GSR?  
Power Point Presentation while eating Tacos!  
What's the difference between District 5 & Intergroup?  
What's an Area Assembly? Would I make a good GSR?  
What is involved in being a GSR? What is General Service?  
Come get all your questions answered!  
Or just win some prizes playing Loteria! Everyone Welcome!

Website: [District5aa.org](http://District5aa.org) ~ Phone: 541-788-7276 ~ email: [dcm05@aa-oregon.org](mailto:dcm05@aa-oregon.org)


## District 5 Contact info:

- Carrie B.- DCM: New Horizons Grp 541.788.7276 [dcm@district5aa.org](mailto:dcm@district5aa.org)
- Christine B.- Secretary: Redmond Early Risers 541.815.1806 [districtsecretary@district5aa.org](mailto:districtsecretary@district5aa.org)
- Will D.- Treasurer: New Horizons 541.419.0262 [treasurer@district5aa.org](mailto:treasurer@district5aa.org)
- Joe H.- Archives: Tumalo Group 541.948.4475 [archives@district5aa.org](mailto:archives@district5aa.org)
- Ron B.- CPC: New Horizons 541.668.5975 [cpc@district5aa.org](mailto:cpc@district5aa.org)
- Walt W.- Corrections: Attitude Adjustment 713.586.9150 [correctionalfacilities@district5aa.org](mailto:correctionalfacilities@district5aa.org)
- Jessie C.- Grapevine/LV: New Horizons 503.421.0454 [grapevine@district5aa.org](mailto:grapevine@district5aa.org)
- Trisha M.- Literature: Steps To Sobriety 503.505.0565 [literature@district5aa.org](mailto:literature@district5aa.org)
- Davey G.- Outreach: New Horizons 541.728.8886 [dgalli09@gmail.com](mailto:dgalli09@gmail.com)
- Jena C.- Public Info: New Horizons 541.306.0055 [pi@district5aa.org](mailto:pi@district5aa.org)
- Brian W.- Treatment: Men's Book Study 818.317.1248 [ctf@district5aa.org](mailto:ctf@district5aa.org)
- John S.- Website: WFS 541.668.5117 [webmaster@district5aa.org](mailto:webmaster@district5aa.org)

District 5 A.A. Website // [district5aa.org](http://district5aa.org)  
Local events calendar // <http://district5aa.org/calendar>

## July 2023 District 5 report to COIG

District 5 has some upcoming events we would like to invite the intergroup committee chairs to attend and set up a table and/or make an announcement for your committee at. The Intergroup Entertainment committee and the Potluck chair has been very inviting and welcoming to the District Committee Chairs to come set up tables, and make District announcements. We appreciate that very much! Intergroup committee Chairs, please let me know if any of you would like for us to have a table reserved or set up for your committees at the following events:

- Central Oregon A.A. **“Day Of Unity”** and Home Group Workshop Event - **Saturday August 5th from 11-2** upstairs in Brooks Hall. This Event will be a potluck. Round table breakout groups to exchange ideas and sharing amongst members from different groups, and will have a talent show for fun!  Please announce at your Home Group
- **GSR Taco Bar!** Will be right in time for groups to start thinking about rotation and electing their next General Service Representative. We will have a Powerpoint GSR Orientation explaining what General Service is as an opportunity to inspire those to stand for a GSR or Alt GSR position at their home group. We will also have a Taco Bar, and for fun playing “Lotaria” (*Mexican bingo*) [Click here to get flier](#)  
**September 9th from 2pm to 5pm in Brooks Hall**

If your Home Group is due for a group inventory, or would like to request a workshop of any kind, or a presentation from any of our committee chairs, please contact me for any services we may provide. Your district is here to serve YOU! For more information visit us at **District5AA.org**

*Yours in Fellowship & Service,*

*District 5 DCM*

<http://district5aa.org/>

*Carrie B.*

*541-788-7276*



# Grapevine/La Vina At Wit's End

## Heard at a meeting

"Not going to meetings is a misdemeanor. The more of them I miss, the meaner I get."

*~Richard M., Golden, Colo.*



"It appears to be resentments he wouldn't let go of."

*~Ian G. reprinted from August 2023 Grapevine*

# What's Happening Elsewhere?

## 4 Area DCM Sharing Session

### "Our Great Responsibility" The Future of AA



**August 26, 2023**

**11am-4pm**

**Food will be served**

Hosted by Area 9  
8, 93, & 5

#### SPEAKERS:

**Trish R., Trustee at Large, Canada**  
**Abraham T., Past DCM, Area 8**  
**Carrie B., Area 58, Dist. 5 DCM**

The Norma Hertzog Community Center  
1845 Park Avenue  
Costa Mesa, CA 92627  
ZOOM ID: 873 6607 8505 Passcode: Area09p72

To Be of Service & For More Information Contact  
Julie F. 951-334-7619 Ramon R. 424-399-2684 Heather B. 951-306-2236



**October 6th – 8th, 2023**

Holiday Inn Portland South (HIPS)  
25425 SW 95th Ave., Wilsonville, OR 97070  
503-682-2211

Book your room from our website or call the hotel directly and let them know you're with Rose City Girlstock (ONLINE CODE RCG).

Go to [www.rosecitygirlstock.com](http://www.rosecitygirlstock.com) for online and hotel registration!

\$122: Special Room Rates for the HIPS (per night plus tax) for single or double beds. Offer expires September 25, 2023

\$75: In-Person Registration Only/\$85 (On October 1)  
\$145: In-Person Registration + Meals/ \$155 (On October 1)

(Meals include Saturday Night Dinner, Sunday Morning Breakfast)

Vegetarian and Vegan Options will be provided

\$30: Online Registration / \$40 (On October 1)

All prices above do not include processing fees

REGISTRATION DEADLINE: Mail in registrations 9/22/23

Registration Chair: Amber G.; Co-Chair: Jamie L.

Email: [rosecitygirlstock@gmail.com](mailto:rosecitygirlstock@gmail.com)

RCGS Chair: Dylan C.: 818-679-4764

RCGS Co-Chair: Amy S.: 971-205-0546

RCGS Mailing Address:

12890 SW Hackamore Court

Beaverton, OR 97008

Join us for a weekend journey through the 12 Steps of Alcoholics Anonymous: Bringing women together through love, laughter and service.

"...vast amount of fun..."  
Page 16, Alcoholics Anonymous

#### SPEAKERS

Rebecca B. (Arlington, WA)

Lyndy M. (Beaverton, OR)

Rebecca D-S. (Portland, OR)

Alison R. (Aloha, OR)

TBD

TBD

TBD

TBD

TBD

SATURDAY NIGHT ICE CREAM SOCIAL/  
PAJAMA PARTY/GAME NIGHT FREE TO ALL  
IN-PERSON REGISTRANTS

Rose City Girlstock is a paid event which is self-supporting through your registrations. You must be registered to attend. No Seventh Tradition baskets are passed at any time during the event.

**NO REFUNDS WILL BE ISSUED**

FREE COFFEE - REGISTRATION LIMITED TO 300 - REGISTER EARLY!!! - ONE REGISTRATION FORM PER PERSON

#### PLEASE PRINT:

NAME (FIRST AND LAST):	PHONE:
PREFERRED NAME (FOR BADGE):	ADDRESS:
EMAIL:	CITY, STATE ZIP:
SPECIAL NEEDS (OTHER THAN DIETARY):	HEARING IMPAIRED? Please circle YES or NO
	REGISTRATION ONLY
Name as it appears on card:	REGISTRATION + MEALS
Credit Card Number:	DONATION
Expiration Date:	3 Digit Code:
	TOTAL
Check #:	REGISTRATION WILL NOT BE VALID IF CHECK IS RETURNED. A \$50 FEE FOR RETURNED CHECKS WILL BE COLLECTED AT THE EVENT.

## 2023 BRIDGING THE GAP

ALCOHOLICS ANONYMOUS  
Workshop Weekend  
TEMPORARY CONTACTS

**September 8th - 10th 2023**

**Sheraton North Houston**  
**15700 John F Kennedy Blvd Houston TX 77032**

Hosted by Area 67 Southeast Texas

For hotel reservations call Reservations at 1-281-442-5100  
Refer to Group BTGWW for special workshop rate of \$89 plus tax

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences, and breakout sessions on BTG topics. Go to [btgww.org](http://btgww.org) for online registration and more information about Bridging the Gap and the workshop

\$35 Early Bird Registration only  \$40 Registration only after July 31st

\$90 \$85 Registration & Banquet Banquet Registrations must be received by August 20th

Total Submitted: \$  I am interested in purchasing recordings

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Area # \_\_\_\_\_

Email \_\_\_\_\_

I am willing to give a presentation on the following topic:

Accommodations-Special Needs?

Return registration form and check to: BTGWW, 2107 Watson Ave St. Paul MN 55116

Any questions contact Laura S. at (612) 309-8385 or email [coordinator@btgww.org](mailto:coordinator@btgww.org)

## 32nd Annual Powers Campout

**August 11-13, 2023**

Come join us for Camping fun & fellowship in lovely Powers, Oregon close to the Coquille River in the spectacular Oregon Coast Range



Camping in group site:  
**2 nights \$44.00**

No registration necessary for group sites - no need to check in, just come on up the hill (look for sign)

The Powers Committee has reserved several sites up on the hill that you may use. Using group sites helps us to recoup costs

- FIRST come FIRST served -

Campfire AA meeting Friday night

Saturday starting at 5:30 pm: Potluck, Raffle, Speaker Meeting  
Spiritual Breakfast & Speaker meeting: Sunday Morning (Food provided)

AA & Al-anon Speakers on Saturday Night  
Sunday Morning AA Speaker (after breakfast)  
••• DONATIONS NEEDED FOR RAFFLE •••  
••• BRING DISH TO SHARE FOR POTLUCK •••

Please bring own firewood or propane firepit, warm clothes, swim, hiking & camp gear

For more information, contact: Hank B. (541) 990-8518 or Tad N. (541) 297-9057

You may opt to reserve camp space (with electricity) or a rustic cabin through the county website - these private sites are away from main group. Call Powers County Parks at 541-396-7759  
<https://properties.camping.com/Powers-County-Park-Coos-County/Reservations>



## Three Rivers BigBook Weekend IV

Eastern Washington's Woodstock of AA

September 22nd–24th 2023

At the Riverfront Hotel & Convention Center  
50 Comstock Street, Richland, Washington 99352



Get registration costs and Information at  
<http://www.threeriversbigbookweekend.org>

### "WHERE THE RIVERS MEET"

A New Style BigBook Weekend with 8 Guest Speakers emphasizing BigBook Steps and Topics into their stories. The place chosen for this special gathering is at the confluence of three large river systems, which, when including the many tributaries that flow from the great Cities, Counties and States of Montana, Idaho, Canada, Oregon and Washington.....

ALL COME TOGETHER FOR A BIGBOOK WEEKEND IN RICHLAND WA!

Good Food, Great Speakers, Focus on BigBook and Recovery Topics, Affordable Venue, Great Location on the Columbia River.

Come Join Us!



## MARK YOUR CALENDAR!

EASY DOES IT CAMPOUT  
AUGUST 4 - 6, 2023

CANAL CREEK CAMPGROUND  
1428 E. CANAL CREEK ROAD  
WALDPORT, OREGON

"OUR COMMON WELFARE SHOULD COME FIRST"

FOOD • FELLOWSHIP

MEETINGS • GAMES

THE 4TH DIMENSION

SPIRITUALITY AND NATURE

BEGINS 5:00PM- AUGUST 4TH

RV SITES = \$50.00 | CAMPSITES = \$40.00



JOEY M. 541-999-7402

MICHAEL R. 918-633-8062

# Summerfest 2023

KEYS  
OF THE  
KINGDOM



## SAVE THE DATE!

**NEW INFO!**

46<sup>TH</sup> ANNUAL  
SUMMERFEST

AUGUST 11, 12 & 13, 2023  
at the GRADUATE HOTEL  
Eugene, Oregon

# Summerfest 2023

## KEYS OF THE KINGDOM

SPONSORED BY FRIENDS OF SUMMERFEST

### Events/Highlights:

- AA and Al-Anon Meetings
- Banquets
- Panels, Speakers and Workshops
- Raffle, Bingo, and Silent Auction
- Friday Social & Saturday Night Dance

### Speakers

Heather H, Seaside OR  
Joette N, Athens GA  
Jimmy D, Malibu CA

◆ And many more from  
all around the country.

**WATCH THE WEBSITE  
FOR UPDATES!**

\$40 Pre-Registration • \$50 After June 30th

Visit our website at [AA-Summerfest.org](http://AA-Summerfest.org) to register.

Please note that registration is online this year!

In person registration will be available on-site at the event.

Watch our website and Facebook page for updates.

## SAT, AUG 19 @ 12 PM

# CIRCLE UP

# FOR AN AA MEETING

# ON THE WATER

ESTACADA LAKE  
MILO MCIVER STATE PARK PUT IN

FLOATY, SUP, KAYAK, ETC

Kim O. (808) 373-0900

Layla I. (503) 290-8115

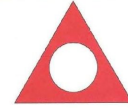
\$5 state park entry fee

## DISTRICT 24 EVENT

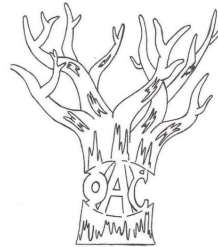
# Al Anon Events



## 11<sup>th</sup> Annual OAC



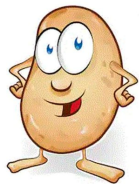
**Save The Dates**  
August 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 2023



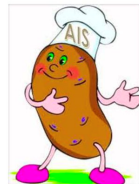
**Oregon  
Alateen  
Conference**

## Save the Date Al-Anon Information Service (AIS) Annual FUNdraiser

Date: October 28<sup>th</sup> 2023  
Time: 5:30pm – 8:30pm  
Where: Rise Church, 10445 SW Canterbury Ln, Tigard 97224



**SPEAKERS!  
POTLUCK!  
SILENT & ORAL AUCTIONS!  
FELLOWSHIP!  
FUN!**



Mark your calendar, tell a friend!

This event is for Al-Anon and Alateen Members and their families with Al-Anon, Alateen and AA participation

Sponsored by the Portland AIS Service Committee

All proceeds will go to Portland Al-Anon Information Service

Contact the AIS office for more details: [ais@al-anonportlandoregon.org](mailto:ais@al-anonportlandoregon.org)

(503) 297-3551

[www.al-anonportlandoregon.org](http://www.al-anonportlandoregon.org)

To Be Held At:  
Molalla Retreat Center  
36208 S Molalla Forest Rd  
Molalla, OR 97038

Contact:  
[OregonAlateenConference@gmail.com](mailto:OregonAlateenConference@gmail.com)

November 2023 Al-Anon Assembly  
Service is Gratitude in Action

In-person with an electronic component (hybrid)  
Members of Al-Anon and Alateen are invited to attend  
Only GRs have voting privileges



Saturday November 18, 2023 8:30 am - 5:00 pm  
Sunday November 19, 2023 8:30 am - 12 noon

**In-Person Information:**  
DoubleTree Hotel by Hilton  
9575 SW Locust St.  
Tigard OR 97223

Rooms at the hotel will be \$99.00 per night when you let them know you are attending the Al-Anon Assembly. Call (503) 624- 9000 for reservations.

**Hybrid information:**  
Zoom ID: 815 0143 3332  
Passcode: Concept4

**Friday Night Sharing Meeting Information:**  
Hosted by Just for Me AFG  
In-person only  
7:30-8:30 pm  
Living Savior Lutheran Church\*  
8740 SW Sagert St  
Tualatin OR 97062  
\*Meeting room 205. Go in main Doors, use stairs or elevator.

**Other Assembly Information**

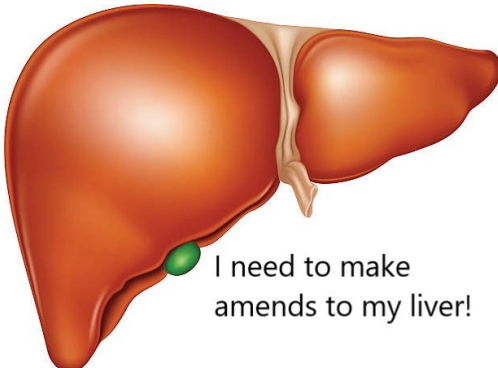
- There is a \$10 voluntary group registration fee.
- Coffee, tea, water and light refreshments will be available both mornings.
- All proceeds support Oregon Area Al-Anon.
- Questions? Contact District 10 DR Gayle: [District-10@oregonal-anon.org](mailto:District-10@oregonal-anon.org).

## AA Humor

Where's the bar?

A drunk walks into a bar...  
...and then a table...and then a  
chair...and then a jukebox...  
~David S., Chesapeake, VA

August 2023 Grapevine



When you try to  
make amends  
before working  
steps 1 - 8!



"I'm Sorry You're  
Such an A\$\*hole!"  
Is Not an Amends!



# STEP 8 BROTHERLY LOVE

Central Oregon Intergroup of AA  
**Coigaa**

### Central Oregon Intergroup Contacts

Chairperson	Frank W.	<a href="mailto:chairperson@coigaa.org">chairperson@coigaa.org</a>
Vice Chair.	Open	<a href="mailto:vicechair@coigaa.org">vicechair@coigaa.org</a>
Secretary	Amy P.	<a href="mailto:secretary@coigaa.org">secretary@coigaa.org</a>
Treasurer	Open	<a href="mailto:treasurer@coigaa.org">treasurer@coigaa.org</a>
Newsletter	Alice S.	<a href="mailto:newsletter@coigaa.org">newsletter@coigaa.org</a>
Schedules	Helen W.	<a href="mailto:schedule@coigaa.org">schedule@coigaa.org</a>
Hotline	Lauren S.	<a href="mailto:hotline@coigaa.org">hotline@coigaa.org</a>
Potluck	Alan S.	<a href="mailto:potluck@coigaa.org">potluck@coigaa.org</a>
Entertainment	Rachel	<a href="mailto:entertainment@coigaa.org">entertainment@coigaa.org</a>
Website	Marty	<a href="mailto:office@coigaa.org">office@coigaa.org</a>
Al-Anon Liaison		Christina L.
Advisory Board Committee	Barry J.	
Advisory Board Committee	Diane W.	
Advisory Board Committee	Lanelle D.	
Advisory Board Committee	Jane L.	

*Intergroup Meetings take place the fourth Sunday of each month at 5:30 PM, except in Nov. and Dec. when they meet on the third Sunday. Held both live at TEC (Trinity Episcopal Church) and as a Hybrid Zoom Meeting as well.*

469 NW Wall Street, Bend.

**Observers are welcome to attend too!**

Contact [secretary@coigaa.org](mailto:secretary@coigaa.org) for log on information