



Central Oregon's August 2017 Conscious Contact Newsletter

Intergroup Officers

Chairperson– Mike S. 541-815-7458
chairperson@coigaa.org

Vice Chairperson– Mark D.
vicechair@coigaa.org

Secretary– Susan
secretary@coigaa.org

Newsletter– Katy M
newsletter@coigaa.org

Schedules– Pat F. schedule@coigaa.org

Hotline– Mary B. 303-368-0872
hotline@coigaa.org

Potluck– Alyssa T. potluck@coigaa.org

Website– Allison J. 323-333-6366
webmaster@coigaa.org

Entertainment– Brian C.
entertainment@coigaa.org

Al-Anon Liaison– Max
al-anon_liaison@coigaa.org

District Committee Member

Glenn B. 541-390-959

Advisory Board Committee

Jerry C., Lauren M., Dan P. 541-480-0571

Cody M. 541-420-0774

Check Out the Display from our Archives!!



Thank You Valerie R for doing such a great job keeping our History Preserved.

AA HOTLINE

Saturday 9a-2p (Hours)

Please sign up for a shift!!!!



To qualify you must:

- ⇒ Have a working telephone
- ⇒ Have 6 months of sobriety
- ⇒ Have an AA sponsor
- ⇒ Be working the AA steps
- ⇒ Be attending AA meetings regularly

If you are willing to give back what was so freely given to you, please call: Hotline Chair Mary B. (303) 368-0872

As Bill Sees It

“The central characteristic of the spiritual experience is that it gives the recipient a new and better motivation out of all proportion to any process of discipline , belief, or faith.

“These experiences cannot make us whole at once; they are a re-birth to a fresh and certain opportunity.”

Letter, 1965

Meeting Changes

- Tuesday Bend New Meeting 2:00pm Tuesday @TEC
- Sunday Redmond Beginners Meeting: 5:30 p.m. at RAC
- Tuesday Madras Oasis Group Big Book Study: 7:00 p.m. at Jefferson Library
- Thursday Lapine Thursday Meeting changed from 10:00am to 9:30am
- Friday Metolius Society of Sobriety: 5:00 p.m. at FFC



OUR INTERGROUP OFFICE M-F 9:00 am -1:00 pm 337 Antler St., Suite B Redmond OR 97756 (541) 923-8199 www.coigaa.org	OREGON AREA TREASURY 1900 NE 3 RD Street Suite 106-172 Bend OR 97701	DISTRICT 5 P. O. Box 7241 Bend OR 97708	GENERAL SERVICE BOARD Grand Central Station P.O. Box 459 New York NY 10164-0371
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
					7:00 pm - Central Oregon Speaker Meeting: Dustin G – 10 yrs, Bend + Ann K – 26 yrs, Bend (Eastmont Church)	
6	7	8	9	10	11	12
12:00 pm - Delegates Report and BBQ (Compass Park, NW Crossing)			6:00 pm - LaPine Potluck & Speaker Meeting (TBA) 6:00 pm - CPC Committee meeting (All welcome) (Bend Downtown Library – Hutchinson Room)	Ogden Campout	Ogden Campout	Ogden Campout 6:00 pm - Redmond Potluck/Speaker Meeting (Redmond Community Church)
13	14	15	16	17	18	19
Ogden Campout 4:00 pm - Monthly GSR Meeting (TEC)		7:00 pm - Central Oregon Intergroup Entertainment Committee (TEC)			7:00 pm - Central Oregon Speaker Meeting: Rue M – 3 yrs, Bend + John J – 43 yrs, Sisters (Eastmont Church)	
20	21	22	23	24	25	26
					7:00 pm - Milestone Meeting (First Presbyterian Church)	6:00 pm - Intergroup Potluck and Speaker Meeting (Brooks Hall)
27	28	29	30	31	1	2
5:00 pm - Intergroup Advisory Board Meeting (TEC) 5:30 pm - Intergroup IGR Meeting (TEC)					7:00 pm - Central Oregon Speaker Meeting: Brennon M – 8 yrs, Bend + Laura – 35 yrs, Tumalo (Eastmont Church)	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
5:00 pm - Intergroup Advisory Board Meeting (TEC)					7:00 pm - Central Oregon Speaker Meeting: Brennon M – 8 yrs, Bend + Laura – 35 yrs, Tumalo (Eastmont Church)	
5:30 pm - Intergroup IGR Meeting (TEC)						
3	4	5	6	7	8	9
	7:00 pm - Central Oregon Speaker Meeting (Eastmont Church)			Crescent Lake Campout	Crescent Lake Campout	Crescent Lake Campout
						6:00 pm - Redmond Potluck/Speaker Meeting (Redmond Community Church)
10	11	12	13	14	15	16
Crescent Lake Campout			6:00 pm - LaPine Potluck & Speaker Meeting (TBA)		7:00 pm - Central Oregon Speaker Meeting: Ally K – 1 yr, Bend + John F – Los Angeles (Eastmont Church)	
4:00 pm - Monthly GSR Meeting (TEC)						
17	18	19	20	21	22	23
		7:00 pm - Central Oregon Intergroup Entertainment Committee (TEC)				6:00 pm - Intergroup Potluck and Speaker Meeting (Brooks Hall)
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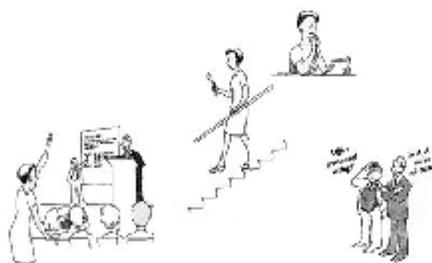
**AA Cooperates with the Professional Community,
is looking for members to serve on the
District 5 CPC Committee.**

Qualifications:

*Must have a working knowledge of the Twelve Traditions.

To inquire about serving in this way, please show up for the Committee meeting on **Wednesday August 9th** at **6pm** at the **Downtown Bend Library**, upstairs in the Hutchinson Room.

Help get our community better acquainted with what Alcoholics Anonymous is, and what it is not.



*Carrie B. CPC Chair 541-788-7276
or email CPC from the District 5 website.*

Central Oregon Intergroup Entertainment Committee

Presents

Crescent Lake Campout

Simax Group Sites B & C

SEPT. 7-10, 2017

Must have ticket in advance to Camp

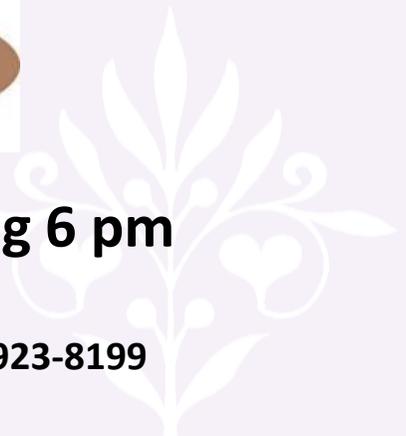
Tickets: Adult \$25.00

13 to 17 \$5.00 – 12 and under free



Saturday Potluck/Speaker Meeting 6 pm

For ticket info please call Intergroup Office (541) 923-8199



Step 8

“Made a list of all persons harmed, and became willing to make amends to them all.”

PO Box 1980

Singleness of Purpose

I recently completed the Eighth Step and have decided that my first amends should be to Alcoholics Anonymous itself, which I believe I have harmed to some extent by violating its singleness of purpose.

I used to identify myself as an alcoholic and an addict. I do not anymore because I now believe other addictions are irrelevant at AA meetings. But, aside from that, I also used to insist on talking about my other addictions beyond what was necessary to relate them to alcohol. I justified this by saying that alcohol was just another drug and so it was unfair to expect me not to talk about all my addictions. And refused to attend any other fellowship because I claimed to prefer the wisdom and sobriety in AA.

I realize now how rude and self-centered this position was. It is not a question of what is fair or whether alcohol is just another drug. The Traditions and primary purpose of AA are what they are whether I agree with them or not.

In the past, when I was active, I often had dinner at the homes of people who did not use drugs, but who did drink. I never considered insisting that I had the right to smoke a joint at their dinner table because they were drinking wine. And imagine if I had, and then added insult to injury by saying: "And not only do I have a right to use any drug I want to around here if you're going to drink, but I'm going to keep coming back and I'm going to keep using any drug I want to in your home because I like the food you serve and your company better than the food and company I find in the homes of my drug addict friends. And I have a right to do this because all drugs are the same and I don't care what the rules or customs of your home are.

"Such a gross abuse of hospitality sounds preposterous, but that is essentially what I was doing by insisting that I had a right to violate AA's singleness of purpose. I was abusing the hospitality of this Fellowship. This is not an apology. I was too sick to realize how selfishly I was acting, and a mere apology is not necessarily an amends. I am hoping to amend the harm I did by stating clearly what I did, for the benefit of others, and, further, by not doing it again.

-- H. D.

New Medford, New Jersey

Tradition 8

“Every A. A. group ought to be fully self-supporting, declining outside contributions.”

From the August 2008 magazine.

Tradition 8: Paper Jam

A Tradition that keeps us in the clear

I want to share with you about the Eighth Tradition. This Tradition, in its simplest terms, says AA should not become professionalized and that our Twelfth Step work ought never be paid for.

Yet, sometimes well-meaning AAs look for loopholes in the spirit of this Tradition. A recent example involved the purchase of an industrial copier by an AA service body, in order to produce copies of its newsletter. The vendor, an AA member, offered to save the service body money. He said members could choose not to purchase a maintenance service agreement, and he would perform the required servicing as a personal contribution. The service body agreed and all went well for a while. However, the copier began to have problems and the AA member became increasingly difficult to contact, much less perform the maintenance. The end result was that the copier became inoperative and had to be scrapped at the expense of the service body. The purchase of a service agreement, though an additional expense up front, would have prevented the unexpected expenses involved when the copier broke down.

In my personal life, I need to be reminded that I am not a professional in AA. My service to AA is my ability to transmit a message of hope. That means I ought not play doctor, marriage counselor, banker, lawyer, or pharmacist.

-- Woody R.

Stockton, California

August Intergroup Potluck & Speaker Meeting



Hosted by: We Are Not A Glum Lot Group who meets
MWF at noon at DCC

AA Speaker: Allison J.
Al-Anon Speaker: Emily A.

Where: Brooks Hall
When: Saturday, August 26, 2017
Time: 6 pm - 8:30 pm

Please bring a dish to share and join us for food, fun,
fellowship and a meeting!