



Central Oregon's

# Conscious Contact

**AA HOTLINE (541) 548-0440**

October - May want to read this in your home group meeting...

## Announcements and Important Info...

Alright... With fall in full swing the heat wave is over, we can be thankful that Saint Helen's Hall will be more comfortable! A few reminders from the church about TEC/SHH: Please treat the facility and grounds as if they were your own home. Lets be the best neighbors we can to surrounding homes and businesses. Since AA is based on attraction if there are any of us living close by we want to make sure they want to come into our rooms.

Bend Young People need our support! Their goal is to bring the **Oregon**

**Conference of Young People in Alcoholics Anonymous (ORCYPAA)** to Bend next year! (See page 5)

Let's see ... The Thanksgiving Day Alcathon is coming up! If your groups hasn't signed up for a time slot ... get er done! Contact Dave W (541) 610-6624 by the end of the month.

I'd love to know where all the IGR peeps are for the monthly meeting. It would really help to get the word out and get feed back on some big things that are happening for the area.

Take a look at the coigaa.org web site to review the updated Central Oregon Intergroup Manual. The old and the new bylaws are posted so you can compare the changes. It is a great idea for all groups to send their IGR to the meeting before November to let the ad-hoc committee know if the group approves. There was an ad-hoc committee formed to review the Intergroup Bylaws and they should be done by next months IG meeting. If you are having trouble getting to the Intergroup Office during Business Hours (Mon.-Fri. 9am-1pm) Please call the office at 541-923-8199 to negotiate other arrangements (meet in Bend or meet at the Intergroup Office at a later time).

Advisory Board is also responsible for the yearly budget, which hasn't been done in years. This board is really a go getter group! They are taking the bull by the horns and getting things done.

Please send correspondence to: [newsletter@coigaa.org](mailto:newsletter@coigaa.org) Thank you for the opportunity to serve this amazing **Group Of Drunks**.

Jennifer C



### INTERGROUP OFFICERS

#### CHAIRPERSON

Vickie M (541) 410-3481  
[chairperson@coigaa.org](mailto:chairperson@coigaa.org)

#### VICE CHAIRPERSON

Your name could be here!  
Volunteer TODAY!

#### SECRETARY

Cody M (541) 420-0774  
[secretary@coifaa.org](mailto:secretary@coifaa.org)

#### TREASURER

Linda (541) 408-5086  
[treasurer@coigaa.org](mailto:treasurer@coigaa.org)

#### NEWSLETTER

Jennifer C (541) 610-6539  
[newsletter@coigaa.org](mailto:newsletter@coigaa.org)

#### SCHEDULES

Pete M (541) 280-2491  
[schedule@coigaa.org](mailto:schedule@coigaa.org)

#### HOTLINE

Sherrill H (541) 410-0186

#### POTLUCK

David W (541) 610-6624  
[potluck@coigaa.org](mailto:potluck@coigaa.org)

#### WEBSITE

Mark C (541) 410-1719  
[webmaster@coigaa.org](mailto:webmaster@coigaa.org)

#### AL-ANON LIAISON

Patty P (541) 788-7463  
[al-anon\\_liason@coigaa.org](mailto:al-anon_liason@coigaa.org)

#### DISTRICT COMMITTEE MEMBER

Kim A (541) 420-9722

#### ADVISORY BOARD COMMITTEE

Bill O (541) 771-5152  
Pattie O (541) 771-5452  
Doug M (610) 864-1976  
Steve G (541) 385-7827

#### OUR INTERGROUP OFFICE

**M-F 9:00-1:00**  
**337 W Antler St. Ste B**  
**Redmond, OR 97756**  
**541-923-8199**  
[www.coigaa.org](http://www.coigaa.org)

#### OREGON AREA TREASURY

1900 NE 3rd Street  
Suite 106-172  
Bend OR 97701

#### District 5

P O Box 7241  
Bend OR 97708

#### GENERAL SERVICE BOARD

Grand Central Station  
P O Box 459  
New York NY 10164-0371

No one likes to talk about money... Except me. I personally believe it needs to be discussed without emotion involved. People tend to have strong emotions when talking about money and really money is factual and based on numbers. Putting the emotion aside and looking at the numbers as just numbers is a much easier way of discussing and looking at the facts. My favorite thing to do is analyze money (numbers) and see if it's flowing correctly for businesses. To ensure businesses will survive money needs to be allocated in a certain way and AA has suggested principals for finances. Let's take a look at what AA has to say about this.

The brochure I have chosen to take info from is **Self-Support; Where Money & Spirituality Mix** and it is AA approved.

With the realization that A.A. must steer clear of outside contributions in order to maintain its autonomy and independence came the understanding that the money necessary for A.A.'s survival would have to come from individual A.A. members and groups. As Bill W. put it in 1957, "Our spiritual way of life is safe for future generations if, as a Society, we resist the temptation to receive money from the outside world. But this leaves us with a responsibility — one that every member ought to understand. We cannot skip when the treasurer of our group passes the hat. Our groups, our areas, and A.A. as a whole will not function unless our services are sufficient and their bills are paid."

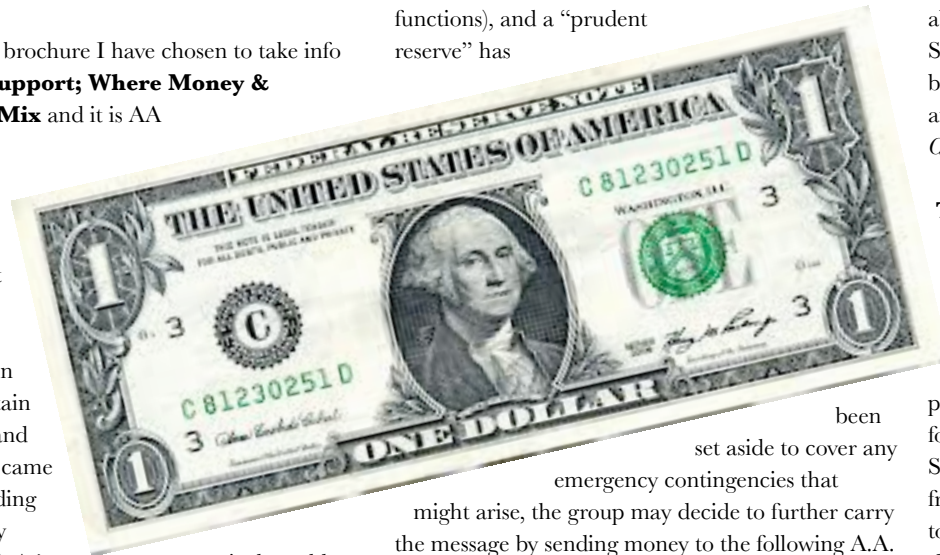
Twelfth Step work is the lifeblood of Alcoholics Anonymous — carrying the message to the next suffering alcoholic. Without it, the Fellowship would wither and die. Yet, even at its simplest level this vital contact between one alcoholic and another involves an investment of time and money.

According to Bill: Every single A.A. service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office . . . or the world service Headquarters . . .

"Though not costly, these service agencies are absolutely essential to our continued expansion — to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts

to a recognition on our part that A.A. must everywhere function in full strength — and that, under our Tradition of self-support, ***we are all going to foot the bill.***"

To help support A.A.'s essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of, for example: (rent, refreshments, A.A. literature, Grapevine literature, local meeting lists, G.S.R. travel expenses to attend service functions), and a "prudent reserve" has



been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following A.A. service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordination of group activities; A.A. literature sales; institutions work; public information and cooperation with the professional community activities.
- A.A.'s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.'s literature; and supplies information and experience to professionals and others interested in A.A.

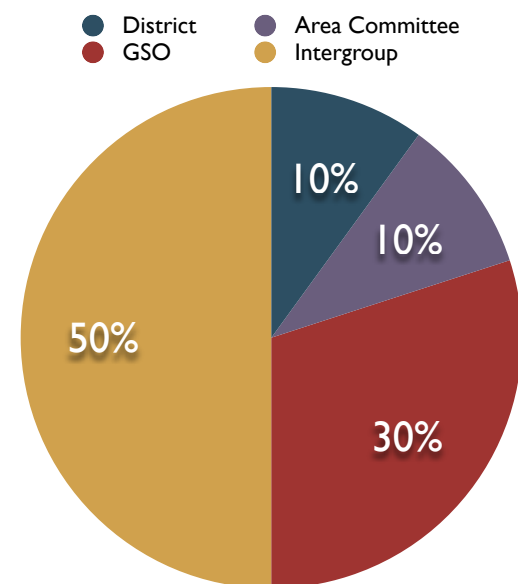
*"The paradox of A.A. is that financial independence and the support of our Fellowship by alcoholics and alcoholics alone not only enhances A.A.'s importance to each of us, but stimulates our engagement in our own recovery . . . A.A. is 'our thing,' from our group's treasury to the balance sheets at the General Service Office."*

Money has never been a requirement for A.A. membership, and to keep it that way all of A.A.'s trusted servants have an ongoing obligation to inform groups and individuals about the value of self-support and the need for voluntary contributions throughout the Fellowship. Many groups in reaching an informed group conscience look to their general service representatives (G.S.R.s) for specific information about A.A. finances, or to their intergroup representatives or group treasurer. Many find that participation in local, area, and regional A.A. service events provides a good source of information about A.A.'s financial needs. And at the General Service Office, A.A.'s financial affairs are an open book, with financial summaries published quarterly and a full accounting printed each year in the *Final Conference Report*.

### THE BOTTOM LINE:

*"Now that we are sober in A.A., the word 'support' has to do with sharing, people, self-respect, gratitude, and what we are privileged to give — not take — in material terms."*

While the Fellowship has always faced problems of money, property, and prestige in one form or another, through the wisdom of the Seventh Tradition we have never been diverted from our primary purpose of carrying the message to the alcoholic who still suffers — wherever he or she may be. **This is the fundamental work of Alcoholics Anonymous, and to ensure that the hand of A.A. will always remain outstretched, money and spirituality must continue to mix. And for that, we are all responsible.**



There you have it.... Principals before personalities is critical with regards to money and the hand of AA being there.

**THIS IS WHERE YOUR ARTICLE, STORY,  
POEM, EXPERIENCE COULD BE...**

**SEND TO: [NEWSLETTER@COIGAA.ORG](mailto:NEWSLETTER@COIGAA.ORG)**

# OCTOBER 2013

Sun	Mon	Tues	Wed	Thur	Fri	Sat
<p><b>Print entire newsletter for your group... there is lots of area info in the whole thing...</b></p>		1	2	3	<p>4  <b>CO Speaker Mtg 7 PM</b>  Speakers  Eric M &amp; Sarah R  Environmental Center, 16 NW Kansas Bend</p>	<p>5  <b>Redmond Potluck Speaker 6 PM</b>  Redmond Community Church,  10th &amp; Cedar  Redmond</p>
6	7	8	9	10	11	12
<p>13  <b>District 5 GSR Mtg 4 PM</b>  First United Methodist Church,  680 NW Bond (enter Kansas) Bend</p>	14	15	<p>16  <b>LaPine Potluck Speaker 6 PM</b>  Park &amp; Rec, 16405 1/2 1st St, Lapine</p>	17	<p>18  <b>CO Speaker Mtg 7 PM</b>  Speakers  Environmental Center, 16 NW Kansas Bend</p>	<p>19  <b>Culver-Madras Potluck Speaker 6 PM</b>  Culver Christian Church, 501 W 4th Ave</p>
20	21	22	23	24	25	<p>26  <b>Intergroup Potluck Speaker</b>  Calvary Baptist Church  2241 N Main  Prineville, OR</p>
<p>27  <b>IGR Advisory Bd Mtg 4:30 PM</b>  <b>IGR Mtg 5:30 PM</b>  St Helen's Hall,  231 NW Idaho Bend</p>	28	29	30	31		

Note: The Central Oregon Intergroup Newsletter is a monthly newsletter of the Central Oregon Intergroup Office. It is about, by and for members of Central Oregon Alcoholics Anonymous. Opinions expressed herein are not to be attributed to AA as a whole. Quotations from AA books, pamphlets, or other literature are reprinted with permission of AA and World Services, Inc. Any internet links or other citations are provided as a courtesy only. No specific endorsement is intended or should be inferred.

Let's try something different ... even though alcoholics in general don't like change, let's see if this is more efficient.

DATE/TIME	EVENT	LOCATION
<b>OCTOBER</b>		
October 4 - 7 PM	Central Oregon Speakers Meeting	Environmental Center, 16 NW Kansas Bend
October 5 - 6 PM	Redmond Potluck Speaker	Redmond Community Church 10th & Cedar Redmond
October 5, 6, & 7	Oregon Young People in AA Conference Bend caravan to Eugene (see flyer below)	Bend Caravan to Eugene Contact Carly: 917.554.6829
October 18 - 7 PM	Central Oregon Speakers Meeting	Environmental Center, 16 NW Kansas Bend
October 19 - 6 PM	Culver-Madras Potluck Speaker	Culver Christian Church, 501 W 4th Ave
October 13 - 4 PM	District 5 GSR Meeting	First United Methodist Church 680 NW Bond (enter Kansas) Bend
October 26 - 7 PM	Intergroup Potluck is in Prineville	Calvary Baptist Church 2241 N Main St Prineville, OR 97754
October 27 - 4:30 - 5:30 - 5:30 - 6:30	Advisory Board & Intergroup Meeting	St Helen's Hall 231 NW Idaho Bend
<b>NOVEMBER</b>		
Coming next month		

#### **Bend Young People in AA Mission Statement:**

**We, the members of Bend Young People in Alcoholics Anonymous have adopted A.A.'s primary purpose: to stay sober and help other alcoholics achieve sobriety. All alcoholics are welcome to participate. BYPAA's practical goals are derived from A.A.'s three legacies. We strive to:**

- 1. Support alcoholics in their recovery through the 12 steps of A.A.**
- 2. Promote unity among alcoholics of all ages.**
- 3. Encourage young members of A.A. to participate in A.A.'s General Service Structure.**

#### **Come Stand With Us**

**The BYPAA committee will be putting their bid in to host the Oregon Conference of Young People in Alcoholics Anonymous (ORCYPAA) conference this coming weekend, October 5-7, in Eugene, Oregon, at this year's ORCYPAA conference. If you would like to go or would like more information on how to get involved with the BYPAA committee please contact us @ 971-554-6829.**

# **OCTOBER 26<sup>TH</sup>, 2013**

**OPENS AT 5:30 PM**

**EAT AT 6:00 PM**

## **SPEAKERS AT 7:00 PM**

**AA - Terry L. 42 Years, BEND**

**AL-ANON – Terry H. 13 Years PRINEVILLE**

**LOCATION: Calvary Baptist Church  
2241 N Main St,  
Prineville, OR 97754**

**COME JOIN IN THE FELLOWSHIP AND BRING YOUR FAVORITE DISH**

**A-K – MAIN DISH**

**L-R DESSERTS S-Z SALADES**

FOR INFORMATION CALL:

Linda L. (541-633-9453) OR Mark L. (541-350-5194)



Directions

### **From Bend**

1. Start out going southwest on NW Wall St toward NW Louisiana Ave. Map 0.01 mi
2. Take the 1st left onto NW Louisiana Ave. Map 0.07 mi
3. Take the 1st left onto NW Bond St. Map 0.3 mi
4. Turn right onto NW Greenwood Ave. Map 1.1 mi
5. NW Greenwood Ave becomes US-20. Map 3.6 mi
6. Turn left onto Powell Butte Hwy. Map 18.0 mi
7. Turn right onto OR-126 E. Map 11.3 mi
8. OR-126 E becomes NW 3rd St / US-26 E. Map 0.5 mi
9. Turn left onto N Main St. Map 1.2 mi
10. 2241 N MAIN ST is on the left.

### **From Madras**

Trip to: 2241 N Main St, Prineville, OR 97754-8159

1. Start out going west on SW D St / OR-361 toward SW 4th St / US-97 S / US-26 S. Map 0.03 mi
2. Take the 1st left onto SW 4th St, US-26 S. Continue to follow US-26 S. Map 1.9 mi
3. Turn left onto US-26. Map 25.8 mi
4. Turn left onto NW 9th St. Map 0.8 mi
5. Turn left onto N Main St. Map 0.9 mi
6. 2241 N MAIN ST is on the left. Map



# other Announcements

## MEETING CHANGES:

### Tuesday

Bend: 8:30 pm Young and Sober - time change to 8:00pm

LaPine: 8:00 am Kick Start - *Discontinued*

Redmond: 9:30 am Rebel Women, Name Change to Sisters 4 Serenity

### Wednesday

LaPine: 8:00 am Kick Start - time change to 10:00 am

7:00 pm LaPine Wed. Night Living Sober - Potluck/Speaker Meeting is changed to the 2nd Wednesday of each month at 6:00pm

### Thursday

Bend: Chicks with Chips 5:30 PM - New location: 61215 Brosterhous Rd. Bend, OR 97702 (Tuesday will continue to be held at Nazarene Church)

LaPine: 8:00 am Kick Start - *Discontinued*

Redmond: 9:30 am Sisters 4 Serenity - *New Meeting, COG7, (W)*

Warm Springs: 12:00 pm Counseling Building, 1115 Wasco St - *New Meeting*

### Friday

Bend: 5:30 pm Primary Purpose Group, *Discontinued*

LaPine: 8:00 am Kick Start, *New Location* 52601 Coach Rd. (Jay Bird, Inc.)

Redmond: 7:00 pm Men's Meeting - *Remove from schedule* (it is the same meeting that is called For Fun and For Free.)

### Saturday

Crescent: 7:00 pm AA Book Study, 136463 Main Street, 1<sup>st</sup> Baptist Church - *New Meeting*

Madras: 10:00 am Madras Women's Meeting, Location & Time Change - New Time is 8:00 am at the Jefferson Library, 134 SE "E" Street, Rodriguez Annex

Warm Springs: 10:00 am Counseling Building, 1115 Wasco St. - *New Meeting*

## Bend Caravan to Eugene for this event

Contact Carly: 917.554.6829

## 2013 OSYPA Conference

October 4,5,6th

Holiday Inn

(541) 284-0707  
919 Kruse Way  
Springfield, OR  
97477

speakers!  
Panels!  
Dances!  
Fellowship fun!

Make a  
reservation!  
\$89 A night  
Code: OSYPA

www.osypaa.org

Land of  
Spiritual Make Believe

Visit our website for more information!

Please fill out this form and send it to 1430  
Willamette St. #506 Eugene, OR 97405

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email: \_\_\_\_\_

☐ I can be of service  
☐ I want to help outreach OSYPA!  
☐ Interested in participating in variety show  
Special needs: \_\_\_\_\_

Please make checks payable to OSYPA

☐ \$25 pre-register  
(\$30 at the door)  
☐ \$25 Sponsor a newcomer!

Total amount enclosed: \_\_\_\_\_

Need more info? Brennan V.: (541)232-7945 or  
Kieley N. (541) 912-2358

## AA Hotline Help Needed!

Coverage needed:

?????

To qualify you must:

- have a working telephone
- have 6 months of sobriety
- have an AA sponsor
- be working the AA steps
- be attending AA meetings regularly
- participate in a brief training



If you are willing to give back what was so freely given to you please call:

Hotline Chairman: Sherrill H. at 541.410.0186

Intergroup Office Manager: Joan C. at IGR office 541 923 8199

## BIRTHDAYS for October:

### Attitude Adjustment

Bill B 10/13/06  
Bill Taylor 10/18/86  
Brad M 10/10/09  
John A 10/21/10  
Walt W 10/7/06

### Tuesday Nite AA

Vickie M 10/26/01

### Chicks With Chips

Bonnie C 10/3/11  
Lori L 10/6/03  
Kelly W 10/10/12  
Erica B 10/11/09  
Ann K 10/14/90  
Michelle C 10/15/07  
Johanna 10/15/12  
Jennifer S 10/29/08

Please send in your groups birthday's  
by the fourth Sunday of the month.

[newsletter@coigaa.org](mailto:newsletter@coigaa.org)

## BYPAA BEND YOUNG PEOPLE AA

BYPAA (Bend Young People in Alcoholics Anonymous), has formed a committee to bid for OSYPA this October, in hopes of bringing the OSYPA Conference to Bend next end unite in this event, and everyone is welcome to be a part of the committee. Contact Carly if you would like to join our meetings on Sundays, or if you have any questions. Call 541-977-2784